**Crisis Resources:**

If you are experiencing a mental health crisis, please call 911 immediately

Riverwind People Incorporated at 763-755-3804

Canvas Health: 763-755-3801

**Mental Health Resources:**

Anoka County Children's Mental Health: 763-712-2722

* Provides informal mental health screening, case management and other support services
* Helps parents and others identify behaviors in children and youth that may indicate a mental health issue
* Can help families with limited or no insurance

Hennepin County Children's Mental Health Front Door Access: 612-348-4111

* Provides information and referral to mental health and social services
* You may ask for assistance from a social worker to complete a diagnostic assessment and identify resources to meet your child's needs
* Can help families with limited or no insurance

[Family Based Therapy Associate:](http://www.fbta.biz/%22%20%5Ct%20%22_blank) 763-780-1520

* Local, comprehensive mental health resource with multi-disciplined staff
* Works with individuals, couples, families, groups, children, adolescents and adults
* Most insurance accepted

[Family Life Mental Health Center](http://www.flmhc.org/%22%20%5Ct%20%22_blank): 763-427-7964

* Individual, group, family and marital therapy
* Most insurance accepted, sliding fee available

[Genuine Therapy Center](http://genuinetherapycenter.com/): 763-712-1903

* Offices in Ham Lake and Anoka
* Family, group and individual therapy available
* Most insurance accepted

[Healing Theraputic Services, LLC](http://healingts.com/%22%20%5Ct%20%22_blank): 763-427-2590

* Offers individual, family and group psychotherapy
* Specializes in treating adolescents and their families
* Provides psychological testing
* Most insurance accepted

[Lee Carlson Center for Mental Health and Well Being:](http://www.leecarlsoncenter.org/%22%20%5Ct%20%22_blank) 763-780-3036

* Mental health counseling to children, adolescents, young adults, families and adults
* Family therapy, group therapy and individual therapy provided
* Most insurance accepted, sliding fee available

[North Suburban Counseling Center:](http://www.northsuburbancounselingcenter.com/%22%20%5Ct%20%22_blank) 763-784-3008

* Individual, family, adolescent and couple/marital counseling services
* Most insurance accepted, sliding fee available

[Nystrom & Associates, Ltd. Outpatient Mental Health/Chemical Dependency Clinics:](http://www.nystromcounseling.com/%22%20%5Ct%20%22_blank) 651-379-1707 or 651-379-1727

* Professional Christian counselors from areas of psychology, social work, marriage and family therapy, nursing and psychiatry
* Licensed by the State of Minnesota

[People Incorporated:](http://www.peopleincorporated.org/%22%20%5Ct%20%22_blank) 763-862-7944

* Bills third party insurers, Medical Assistance or Minnesota health care plans, un-or underinsured individuals may receive coverage by Anoka County
* 24 hour response to crisis situations: 763-755-3801

[PrairieCare Hospitals and Clinics](http://www.prairie-care.com): 1-888-9-PRAIRIE

* Child/Adolescent psychiatric hospitalization and partial hospitalization
* Outpatient therapy and services for all ages
* Clinics in Maple Grove, Edina and Woodbury

[Rum River Counseling Services](http://www.rumrivercounseling.com/): 763-482-9598

* Multiple office locations in the area
* Services children and adolescents as well as families and adults
* Most insurance accepted

[The Emily Program](http://www.emilyprogram.com): 651-645-5323

* In-patient and out-patient treatment for eating disorders
* Locations in St. Paul, St. Louis Park and Stillwater

University of Minnesota Medical Center Fairview Riverside: 612-672-6000

* Adolescent crisis lodging assessment and stabilization services
* Voluntary admission
* Parent and guardian participation in program