## TRY WRESTLING FOR FREE! \*\*Anoka Police Federation Wrestling Clinic 2025\*\*

## **You Will Learn**

Discipline-Confidence-Courage-Strength-Team Work-Self Defense-Sportsmanship-Work Ethic

## **Practice Dates:**

Monday 11/3 Thursday 11/6 Monday 11/10 PIZZA PARTY after practice!!!

Where: Anoka High School Field House/wrestling room-

3939 7th Ave N Anoka Mn. 55303

Who: 1st-8th Grade

Time: 6:00pm-7:00pm

Equipment: All you need is tennis shoes, T-Shirt and shorts.



**PRE-REGISTER HERE** 

Direct Questions to:

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