

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 1 Girls 3200 Meter Run

Conference: 10:37.16 \$ 2003

Heidi Lindeman, Coon Rapids

Name	School	Seed	Finals
Finals			
1 Knapczyk, Emily	Robbinsdale Armstrong	11:23.57	11:16.44
2 Heitzman, Nicole	Andover	11:20.55	11:21.70
3 Mead, Laura	Andover	11:34.28	11:26.81
4 McKeefry, Madeline	Andover	11:55.14	11:36.90
5 Soli, Cassidy	Champlin Park	11:49.84	11:38.94
6 Ness, Rachel	Elk River	12:06.54	11:45.65
7 Cabak, Melissa	Robbinsdale Armstrong	11:55.57	11:47.93
8 Beaver, Kylee	Park Center	12:10.24	12:06.81
9 Dills, Sam	Coon Rapids	11:56.78	12:08.27
10 Gusek, Lyndsay	Robbinsdale Armstrong	12:07.10	12:10.04
11 Simonet, Kate	Park Center	12:09.24	12:13.21
12 Kretschmer, Lexie	Centennial	12:34.00	12:23.75
13 Sweeney, Clara	Centennial	12:41.00	12:27.25
14 Schweiters, Nicole	Maple Grove	12:55.75	12:33.34
15 Morrisette, Moriah	Maple Grove	12:23.02	12:33.51
16 McElroy, Jenna	Champlin Park	12:54.82	12:37.61
17 Waananen, Amy	Maple Grove	13:32.75	12:40.44
18 Koehler, Leah	Elk River	13:00.24	12:44.36
19 Trescony, Maria	Champlin Park	13:25.04	12:48.31
20 Shogren, Maddie	Blaine	12:58.74	12:56.37
21 Hohn, Jenn	Osseo	13:11.64	12:56.49
22 Schoenrock, Jenny	Osseo	13:09.74	12:56.50
23 Nemes, Candice	Elk River	13:04.24	13:01.79
24 Benson, Sam	Coon Rapids	13:04.26	13:05.98
25 Todey, Sarah	Osseo	13:10.24	13:17.16
26 Fennell, Nichole	Coon Rapids	13:16.98	13:17.19
27 Korby, Danille	Park Center	13:05.24	13:25.70
28 Hoyles, Katie	Blaine	13:54.24	13:45.06
29 Kobelinski, Sarah	Anoka	13:15.00	13:46.55
30 Dammer, Lakin	Anoka	13:15.00	13:50.15
31 Payeur, Chelsea	Anoka	13:15.00	13:53.68
32 Frjl, Adisa	Blaine	13:50.24	13:58.59

Event 3 Girls 100 Meter Hurdles

Conference: 14.73 \$ 5/25/2010

Maggie Bair, Blaine

Name	School	Seed	Prelims	H#
Preliminaries				
1 Lowe, Lindsey	Elk River	16.37	16.17 Q	4
2 Abbott, Nicole	Anoka	15.90	16.33 Q	1
3 Ndely, Michelle	Champlin Park	16.27	16.42 Q	3

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4	Evanson, Olivia	Maple Grove	16.14	16.57 Q	2
5	Bestman, Edwina	Park Center	16.34	16.24 q	4
6	Sohns, Jordyn	Elk River	17.04	16.53 q	1
7	Bluford, Amanda	Robbinsdale Armstrong	16.99	16.84 q	2
8	Harris, Amber	Coon Rapids	16.45	17.21 q	3
9	Ohmann, Andrea	Blaine	17.21	17.62	1
10	Olagbaiye, Nicole	Osseo	17.54	17.65	2

Preliminaries ... (Event 3 Girls 100 Meter Hurdles)

	Name	School	Seed	Prelims	H#
11	Dehkes, Brienna	Elk River	17.62	17.93	3
12	Anderson, Dominique	Champlin Park	18.14	18.04	1
13	Clifford, Julia	Blaine	17.94	18.07	3
14	Guimont, Gabbi	Anoka	17.80	18.08	4
15	Volk, Christine	Champlin Park	18.63	18.17	1
16	Tryba, Michelle	Anoka	18.20	18.30	2
17	Klein, Natalie	Blaine	18.33	18.32	3
18	Bagley, Ashley	Centennial	18.04	18.33	2
19	Kochar-Mack, Haylee	Robbinsdale Armstrong	18.76	18.46	1
20	Hedin, Taylor	Andover	17.63	18.46	4
21	Niesen, Cora	Maple Grove	18.20	18.49	3
22	Ekman, Liz	Andover	18.06	18.54	1
23	Reff, Haidee	Andover	18.27	18.85	4
24	Callahan, Dakota	Coon Rapids	18.39	19.14	2
25	Boggs, Olivia	Maple Grove	18.30	19.20	4
26	Graham, Shatera	Osseo	19.44	19.23	4
27	Corneliiuous, Gabby	Osseo	19.34	19.43	4
28	Clark, Britta	Centennial	19.25	19.86	3
29	Johnson, Natalie	Robbinsdale Armstrong	19.25	19.93	2
30	Kieselhorst, Suzie	Centennial	19.63	20.20	2
31	Plessel, Lexi	Coon Rapids		20.45	3
32	Kusick-Smith, Alexis	Park Center	20.14	21.38	1

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
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Event 4 Boys 110 Meter Hurdles

Conference: 14.20 \$ 2001

Peter Stuart, Blaine

Name	School	Seed	Prelims	H#
Preliminaries				
1 Crutch, DeShawn	Andover	15.33	15.75 Q	1
2 Copeland, Dajuan	Blaine	15.65	15.83 Q	4
3 Alexander, Jay	Champlin Park	15.56	15.88 Q	3
4 Kaba, Ibrahim	Champlin Park	15.72	16.12 Q	2
5 Heltemes, Stewart	Anoka	15.64	15.97 q	4
6 Peterson, Tim	Elk River	16.08	16.30 q	2
7 Cleveland, Phil	Champlin Park	15.72	16.51 q	1
8 Wolfe, Jesse	Centennial	15.84	16.67 q	1
9 Kleba, Jon	Coon Rapids	16.31	16.71	3
10 Diakite, Moussa	Park Center	15.34	16.72	2
11 Theus, Shaquille	Coon Rapids	16.25	16.73	4
12 Mugwaneza, Derrick	Coon Rapids	16.51	16.73	1
13 Kretsu, Michael	Anoka		16.92	3
14 Oba, Fawaz	Osseo	16.64	17.05	1
15 Grace, Logan	Elk River	16.28	17.06	4
16 Erding, Tyler	Centennial	16.91	17.12	4
17 Butler, Caleb	Blaine	16.93	17.19	3
18 Sanchez, Luis	Blaine	16.81	17.33	2
19 Bragagna, Andrea	Robbinsdale Armstrong	16.84	17.49	3
20 Wood, Grant	Andover	16.37	17.55	2
21 Mielke, Nick	Maple Grove	17.41	17.69	1
22 Culp, Ray	Centennial	17.44	17.92	2
23 Kelly, Tim	Osseo	17.34	17.93	1
24 Riehl, Remi	Andover	16.86	18.42	4
25 Gebhart, Thomas	Maple Grove	17.89	18.79	3
26 Cross, Derek	Elk River	18.44	18.82	4
27 Whitney, Jordan	Robbinsdale Armstrong	17.33	19.00	2
28 Ellison, Tyler	Robbinsdale Armstrong	18.99	19.03	4
29 Greenberg, Nolan	Anoka	15.70	19.54	3
30 Smith, Sam	Osseo	19.24	19.76	3

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Event 5 Girls 100 Meter Dash

Conference: 12.08 \$ 5/25/2010

Sasha Davis, Park Center

Name	School	Seed	Prelims	H#
Preliminaries				
1 Floyd, Sid'Reshia	Robbinsdale Armstrong	12.33	12.48 Q	1
2 Davis, Sasha	Park Center	12.59	12.69 Q	2
3 Purcell, Courtney	Blaine	12.86	13.23 Q	4
4 Hickerson, Rochelle	Andover	12.82	13.27 Q	3
5 Hill, Melanie	Champlin Park	13.29	13.29 q	4
6 Puckett, Brianna	Osseo	12.84	13.37 q	4
7 Arogbokun, Olufunmilayo	Osseo	13.14	13.38 q	1
8 Gross, Nia	Osseo	12.94	13.40 q	3
9 Embury, Alana	Elk River	13.34	13.48	1
10 Kanu, Saramaya	Blaine	13.40	13.53	2
11 Nelson, Katie	Blaine	13.30	13.66	3
12 Krekelberg, Elizabeth	Centennial	13.34	13.67	1
13 Officer, Alera	Champlin Park	13.70	13.70	1
14 Kivley, Jenna	Elk River	13.64	13.80	1
15 Thompson, Indigo	Robbinsdale Armstrong	13.21	13.84	3
16 Salem, Rachel	Maple Grove	13.10	13.87	1
17 Merchant, Patience	Coon Rapids	13.73	13.87	2
18 Fuechtmann, Kayla	Centennial	13.45	13.95	4
19 Applequist, Jennifer	Champlin Park	13.53	14.00	3
20 Karneh, Margarita	Robbinsdale Armstrong		14.06	2
21 Arbeiter, McKenzie	Maple Grove	13.41	14.08	3
22 Bednorz, Katlin	Anoka	13.20	14.09	2
23 Almquist, Tryniti	Andover	13.24	14.12	4
24 Stalboerger, Nicole	Coon Rapids	13.78	14.23	3
25 Nielsen, Stephanie	Anoka	13.30	14.31	2
26 Jacobs, Abby	Maple Grove	13.45	14.32	4
27 Sherva, Lauren	Anoka	13.60	14.35	2
28 Holle, Nicole	Coon Rapids	13.79	14.49	4
29 Brown, Josie	Elk River	13.94	14.55	4
30 Vatne, Allie	Andover	14.04	14.68	3
31 Kelly, Alleah	Park Center	15.34	14.74	1
32 Piette, Maria	Centennial	14.54	14.78	2

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Event 6 Boys 100 Meter Dash

Conference: 10.50 \$ 2001

Anthony Dew, Coon Rapids

Name	School	Seed	Prelims	H#
Preliminaries				
1 Tambe, Ayuk	Blaine	11.15	11.36 Q	4
2 Forte, Kiemonte	Coon Rapids	11.19	11.42 Q	3
3 Gbarbea, Darkabolu	Champlin Park	11.09	11.50 Q	2
4 Buggs, Elliot	Champlin Park	11.54	11.57 Q	1
5 Ash, Tommy	Robbinsdale Armstrong	11.31	11.57 q	2
6 Thomas, Kameron	Robbinsdale Armstrong	11.07	11.59 q	1
7 Sando, Joe	Champlin Park	11.12	11.60 q	3
8 Lewis, Casey	Coon Rapids	11.18	11.64 q	4
9 Kubura, Reuben	Park Center	11.74	11.67	4
10 Dixon, Emannual	Maple Grove	11.20	11.70	2
11 Crockett, Shadeed	Maple Grove	11.31	11.80	1
12 Sutton, Jevell	Osseo	11.44	11.88	4
13 Robel, Joe	Blaine	11.72	11.90	3
14 Curtis, Lemaun	Osseo	11.34	11.92	3
15 Deveaux, Marcel	Blaine	11.58	11.98	1
16 Erickson, Tony	Anoka	11.20	11.99	1
17 Richardson, Ryan	Centennial	11.91	12.03	2
18 Williams, Rodney	Coon Rapids	11.59	12.04	2
19 Saylee, Rufus	Park Center	12.14	12.10	4
20 Biyogo, Boniface	Robbinsdale Armstrong	11.74	12.16	4
21 Leclair, Sam	Andover	11.94	12.25	3
22 Elrich, Emanuel	Maple Grove	11.42	12.27	4
23 Pint, Matt	Anoka	11.50	12.32	3
24 Smith, Nick	Elk River	12.26	12.48	2
25 Schmidt, Guy	Centennial	12.14	12.49	3
26 Larson, Drew	Anoka	11.80	12.50	2
27 Larson, Chris	Andover	11.74	12.51	3
28 Larkins, Michael	Elk River	12.35	12.53	1
29 Westerlund, Cole	Andover	12.01	12.81	4

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Event 7 Girls 400 Meter Dash

Conference: 56.85 \$ 2003

Laura Mottaz, Park Center

Name	School	Seed	Prelims	H#
Preliminaries				
1 Gillberg, Mollie	Coon Rapids	1:00.09	58.91 Q	4
2 Lachinski, Hailey	Blaine	59.03	59.07 Q	3
3 Webb, Phyllis	Osseo	56.44	59.14 Q	1
4 Falck, Kiersten	Blaine	1:01.24	1:01.61 Q	2
5 Kaine, Dustlynn	Robbinsdale Armstrong	59.23	1:00.55 q	4
6 Thelen, Raquel	Andover	1:02.22	1:01.26 q	3
7 Schevenius, Laura	Centennial	1:01.73	1:01.29 q	1
8 Kurtovich, Maggie	Andover	1:01.45	1:01.48 q	1
9 Neubauer, Brooke	Blaine	1:02.16	1:01.69	2
10 Rasmussen, Sheridan	Robbinsdale Armstrong	1:00.27	1:01.73	3
11 Buggs, Alivia	Park Center	1:04.34	1:03.09	1
12 Boehne, Nikki	Centennial	1:03.81	1:03.31	4
13 McDonald, Abigail	Elk River	1:04.84	1:03.44	3
14 Chelsey, Petrich	Elk River	1:04.39	1:03.70	1
15 Philips, Emily	Maple Grove	1:06.31	1:04.45	1
16 Scheidler, Lauren	Maple Grove	1:07.76	1:04.49	2
17 Winters, Mackenzie	Anoka	1:04.10	1:04.86	3
18 Culp, Megan	Centennial	1:04.58	1:04.99	2
19 Esperum, Dani	Elk River	1:05.78	1:05.29	3
20 Krismer, Katie	Maple Grove	1:04.95	1:05.63	4
21 Anderson, Carrie	Coon Rapids	1:06.09	1:05.81	2
22 Pipenhagen, Mary	Anoka	1:05.00	1:06.36	4
23 Truong, Anna	Coon Rapids	1:06.78	1:06.50	3
24 Yoder, Katie	Andover	1:07.67	1:06.79	3
25 Darnell, Kate	Champlin Park	1:06.96	1:07.12	4
26 Lundberg, Claire	Anoka	1:04.20	1:07.16	2
27 Bialke, Morgan	Osseo	1:06.34	1:07.51	1
28 Monson, Sydney	Champlin Park	1:07.24	1:08.17	4
29 Huber, Amanda	Robbinsdale Armstrong	1:06.43	1:08.50	2
30 Kabaka, Daisy	Champlin Park	1:08.93	1:09.09	1

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Event 8 Boys 400 Meter Dash

Conference: 49.44 \$ 2007

Jerrell Hancock, Anoka

Name	School	Seed	Prelims	H#
Preliminaries				
1 Zrust, Mike	Blaine	50.05	50.30 Q	1
2 Hansen, Tom	Coon Rapids	50.52	50.46 Q	4
3 Albright, Mason	Andover	50.50	50.54 Q	3
4 Gbarbea, Darkabolu	Champlin Park	51.32	51.14 Q	2
5 Kubura, Reuben	Park Center	52.34	51.60 q	3
6 Egbujor, Emmanuel	Champlin Park	51.67	51.86 q	1
7 Lindquist, Brandon	Anoka	51.31	52.34 q	3
8 Hacheba, Vernan	Coon Rapids	52.26	52.40 q	2
9 Rausch, Nathan	Maple Grove	54.83	52.60	2
10 Meyer, Kevin	Blaine	52.16	52.88	1
11 Davies, Phil	Coon Rapids	53.26	52.92	2
12 Kallman, Jesse	Centennial	54.54	53.05	2
13 Madison, Devan	Osseo	53.04	53.27	4
14 Nyabuto, Obadiah	Osseo	53.14	53.38	3
15 Wenberg, Ben	Andover	53.28	53.66	1
16 Ruffcorn, David	Champlin Park	53.34	53.70	1
17 Busari, Quatri	Park Center	53.64	53.79	4
18 Thill, David	Centennial	53.41	53.90	3
19 Brown, Ryan	Centennial	52.44	54.07	4
20 Dickovich, Nick	Osseo	53.34	54.66	2
21 Cummings, Austin	Andover	54.12	54.69	3
22 Miranowski, Cody	Anoka	54.77	54.69	1
23 Pohto, Zach	Blaine		55.05	2
24 Chuba, Devin	Elk River	54.79	55.23	1
25 Yasosky, Brian	Maple Grove	55.77	55.68	4
26 Edwards, David	Robbinsdale Armstrong	57.24	56.71	3
27 Hamlin, Andrew	Robbinsdale Armstrong	56.74	56.97	4
28 Johnson, Nathan	Maple Grove	59.61	57.53	1
29 McSherry, Kyle	Anoka	55.40	58.13	3
30 Brummer, Ben	Elk River	58.42	58.93	2

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Event 9 Girls 300 Meter Hurdles

Conference: 45.13 \$ 1996

Katie Bestul, Coon Rapids

Name	School	Seed	Prelims	H#
Preliminaries				
1 Bestman, Edwina	Park Center	47.04	46.66 Q	1
2 Lowe, Lindsey	Elk River	47.46	48.40 Q	3
3 Harris, Amber	Coon Rapids	47.33	48.65 Q	2
4 Rodman, Shauna	Anoka	49.20	49.59 Q	4
5 Jones, Paige	Coon Rapids	50.41	49.61 q	2
6 Dehkes, Brienna	Elk River	50.10	49.90 q	1
7 Sohns, Jordyn	Elk River	49.95	50.52 q	2
8 Reff, Haidee	Andover	50.10	50.58 q	1
9 Arbeiter, McKenzie	Maple Grove	49.71	50.64	4
10 Meade, Peyton	Blaine	49.82	50.80	3
11 Asp, Annie	Anoka	50.76	51.12	4
12 Callahan, Dakota	Coon Rapids	52.27	51.77	1
13 Guimont, Gabbi	Anoka	50.71	52.23	4
14 Clifford, Julia	Blaine	50.58	52.36	3
15 Alexander, Alexis	Champlin Park	52.94	52.42	4
16 Olagbaiye, Nicole	Osseo	52.44	52.62	1
17 Oakden, Jenna	Champlin Park	52.44	52.64	2
18 Jellum, Madison	Park Center	56.34	52.74	1
19 Herman, Kaley	Champlin Park	53.45	52.98	1
20 Ohmann, Andrea	Blaine	52.93	53.11	4
21 Niesen, Cora	Maple Grove	53.31	53.33	2
22 Probert, Kylie	Andover	53.99	53.34	1
23 Bahl, Shantel	Osseo	54.14	53.41	2
24 Johnson, Brianna	Osseo	52.44	53.56	3
25 Bluford, Amanda	Robbinsdale Armstrong	51.72	54.04	3
26 Hedin, Taylor	Andover	53.26	54.33	3
27 Feist, Michaela	Maple Grove	51.84	55.66	2
28 Speak, Nicole	Robbinsdale Armstrong	55.76	55.95	4
29 Kieselhorst, Suzie	Centennial	54.50	56.26	3
30 Palme, Kayla	Park Center	56.04	1:01.01	3

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Event 10 Boys 300 Meter Hurdles

Conference: 38.23 \$ 5/20/2009

Snonsio Boye-Weah, Park Center

Name	School	Seed	Prelims	H#
Preliminaries				
1 Copeland, Dajuan	Blaine	40.51	40.50 Q	2
2 Kaba, Ibrahim	Champlin Park	40.89	40.78 Q	3
3 Theus, Shaquille	Coon Rapids	40.51	40.90 Q	1
4 Greenberg, Nolan	Anoka	41.10	41.15 Q	4
5 Crutch, DeShawn	Andover	41.23	40.83 q	3
6 Alexander, Jay	Champlin Park	41.34	40.84 q	2
7 Peterson, Tim	Elk River	42.60	41.81 q	4
8 Rierson, Andrew	Coon Rapids	40.99	42.14 q	4
9 Mugwaneza, Derrick	Coon Rapids	42.68	42.22	1
10 Wolfe, Jesse	Centennial	42.01	42.28	1
11 Grace, Logan	Elk River	42.67	42.32	2
12 Jacox-Mann, Arrnytt	Osseo	42.34	42.38	3
13 Bragagna, Andrea	Robbinsdale Armstrong	42.74	42.54	1
14 Kelly, Tim	Osseo	42.54	42.64	4
15 Wiagbe, Gus	Osseo	43.24	42.81	3
16 Cleveland, Phil	Champlin Park	42.82	43.04	2
17 Kretsu, Michael	Anoka	43.80	43.12	3
18 Deveaux, Marcel	Blaine	42.26	43.29	2
19 Erding, Tyler	Centennial	42.64	43.38	3
20 Wood, Grant	Andover	43.52	43.51	4
21 Mortenson, Nate	Blaine	41.82	43.51	1
22 Riehl, Remi	Andover	43.29	44.02	4
23 Diakite, Moussa	Park Center	44.34	44.67	2
24 Struwve, Tim	Anoka	44.41	44.88	1
25 Mielke, Nick	Maple Grove	45.82	45.34	3
26 Davis, Josh	Centennial	44.66	45.79	1
27 Thayer, Jeremiah	Robbinsdale Armstrong	46.02	46.69	4
28 Gebhart, Thomas	Maple Grove	47.36	46.85	2
29 Graham, Ryan	Maple Grove	45.61	47.31	2
30 Burger, Rob	Elk River	46.43	47.54	3

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Event 11 Girls 800 Meter Run

Conference: 2:15.93 \$ 2004

Name	Alissa Kurke School	Seed	Prelims
Preliminaries			
1 Kienholz, Megan	Centennial	2:23.00	2:21.68 Q
2 Shagen, Kaley	Osseo	2:24.54	2:22.43 Q
3 Fritz, Katelyn	Anoka	2:21.30	2:27.96 Q
4 Haugen, Anna	Elk River	2:28.64	2:23.00 Q
5 Engstrom, Melissa	Coon Rapids	2:29.04	2:24.19 Q
6 Corbin, Nicole	Anoka	2:28.60	2:30.09 Q
7 Ness, Erin	Elk River	2:25.24	2:24.50 Q
8 Haskins, Danielle	Andover	2:30.33	2:27.02 Q
9 Dutton, Courtney	Coon Rapids	2:33.59	2:30.53 Q
10 Stratton, Mandy	Blaine	2:30.25	2:27.24 q
11 Nachbor, Anna	Robbinsdale Armstrong	2:24.81	2:27.36 q
12 Halfrich, Sara	Maple Grove	2:29.09	2:28.87 q
13 Glansman, Sam	Osseo	2:29.04	2:29.77
14 Thompson, Jenna	Osseo	2:29.14	2:30.91
15 Ederer, Rose	Blaine	2:35.52	2:30.92
16 Harper, Erin	Blaine	2:29.57	2:31.54
17 Simonet, Kate	Park Center	2:28.24	2:31.71
18 Kallemeyn, Jane	Elk River	2:32.24	2:31.95
19 Anderson, Stephanie	Centennial	2:38.82	2:33.15
20 Metzger, Renae	Park Center	2:40.24	2:33.85
21 Nelson, Anna	Coon Rapids	2:34.97	2:33.98
22 Larson, Katie	Andover	2:38.59	2:34.69
23 Gast, Lindsey	Anoka	2:36.30	2:36.04
24 Hemming, Cassandra	Park Center	2:39.24	2:36.07
25 Olzenak, Kelly	Maple Grove	2:39.11	2:36.18
26 Moore, McKinley	Champlin Park	2:36.82	2:36.57
27 Weiss, Taylor	Andover	2:33.04	2:36.90
28 Kuball, Kristin	Robbinsdale Armstrong	2:39.88	2:36.99
29 DeSalvo, Veronica	Robbinsdale Armstrong	2:35.21	2:37.60
30 Foote, Laura	Maple Grove	2:40.20	2:38.80
31 Martinson, Maddie	Champlin Park	2:45.74	2:42.65
32 Mattson, Karli	Champlin Park	2:49.94	2:47.67

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Event 12 Boys 800 Meter Run

Conference: 1:56.19 \$ 5/27/2010 Mark Gilkerson, Park Center

Name	School	Seed	Prelims
Preliminaries			
1 Nelson, Zach	Robbinsdale Armstrong	2:01.85	1:59.89 Q
2 Nielsen, Dan	Andover	2:01.74	2:00.52 Q
3 Duenke, Thomas	Andover	2:02.24	2:00.74 Q
4 Urban, Scott	Blaine	2:02.12	2:00.86 Q
5 Kremer, Dan	Blaine	2:00.98	2:01.27 Q
6 Iverson, Luke	Maple Grove	2:01.84	2:02.01 Q
7 Grow, Spencer	Anoka	2:01.46	2:01.52 Q
8 Walden, Derek	Maple Grove	2:02.07	2:01.91 Q
9 Trapp, Ryan	Elk River	2:00.40	2:02.12 Q
10 Johantgen, Dustin	Maple Grove	2:01.57	2:02.80 q
11 Herrala, Jeff	Anoka	2:04.70	2:02.99 q
12 Johnson, Zach	Champlin Park	2:07.34	2:03.45 q
13 Tollakson, Tyler	Coon Rapids	2:02.99	2:03.73
14 Gessner, Brendan	Centennial	2:10.24	2:03.94
15 Otieno, Samuel	Park Center	2:06.24	2:04.00
16 Fischer, Mateusz	Robbinsdale Armstrong	2:09.14	2:04.32
17 Stevens, Eric	Elk River	2:07.34	2:06.04
18 Nortrom, Riley	Osseo	2:09.44	2:06.30
19 Durbin, Ian	Blaine	2:07.53	2:06.64
20 Fawole, Kunle	Osseo	2:08.50	2:07.91
21 McCarger, Garrett	Centennial	2:11.82	2:08.43
22 Bourdage, Joe	Centennial	2:10.24	2:08.49
23 Lorimer, Mark	Andover	2:06.24	2:08.95
24 Bednar, Jackson	Coon Rapids	2:08.22	2:09.01
25 Swenson, Ryan	Osseo	2:10.44	2:09.71
26 Sarazine, Zach	Anoka	2:09.10	2:10.39
27 Petrich, Joey	Elk River	2:09.41	2:10.87
28 Rausch, Isaac	Coon Rapids	2:11.28	2:14.45
29 Bies, Joseph	Robbinsdale Armstrong	2:12.56	2:14.50
30 Olsen, Nathan	Park Center	2:19.24	2:18.84
31 Dahl, Nicholas	Park Center	2:19.24	2:22.39

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 13 Girls 200 Meter Dash

Conference: 25.27 \$ 5/25/2010

Anuli Okonkwo, Osseo

Name	School	Seed	Prelims	H#
Preliminaries				
1 Okonkwo, Anuli	Osseo	25.64	25.96 Q	2
2 Floyd, Sid'Reshia	Robbinsdale Armstrong	26.08	26.02 Q	3
3 Detloff, Dani	Elk River	25.95	26.72 Q	4
4 Purcell, Courtney	Blaine	26.83	27.56 Q	1
5 Nivala, Taylor	Andover	25.75	26.16 q	3
6 Adams, Suzanna	Robbinsdale Armstrong	25.93	26.78 q	4
7 Nelson, Haley	Maple Grove	26.61	27.18 q	2
8 Thelen, Raquel	Andover	27.20	27.97 q	2
9 Puckett, Brianna	Osseo	27.15	28.09	1
10 Danielson, Emily	Robbinsdale Armstrong	28.15	28.16	4
11 Lister, Marissa	Maple Grove	27.48	28.16	3
12 Bialke, Morgan	Osseo	27.64	28.19	2
13 Windingstad, Kayla	Centennial	27.94	28.42	1
14 Wilkenfeld, Payton	Maple Grove	28.37	28.42	3
15 Fuechtmann, Kayla	Centennial	27.53	28.64	4
16 Penshorn, Liz	Coon Rapids	28.81	28.76	2
17 Kivley, Jenna	Elk River	27.55	28.83	4
18 Thompson, Kaitlyn	Blaine	28.69	28.84	1
19 Almquist, Tryniti	Andover	27.60	29.09	3
20 Krekelberg, Elizabeth	Centennial	29.04	29.21	4
21 Rehm, Katie	Coon Rapids	28.96	29.29	3
22 Brown, Josie	Elk River	28.26	29.29	4
23 Winters, Mackenzie	Anoka	28.00	29.33	2
24 Watson, Sarah	Champlin Park	29.22	29.42	4
25 Ogunti, Madia	Park Center	30.34	29.46	2
26 Pearson, Andrea	Coon Rapids	28.78	29.49	1
27 Miller, Abby	Blaine	28.59	29.59	2
28 Sarazine, Cassidy	Anoka		29.59	1
29 Dugbeh, Nathaline	Park Center	29.74	29.60	3
30 Peterson, Emily	Anoka	28.00	29.67	3
31 Heytens, Kelli	Champlin Park		30.05	1

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 14 Boys 200 Meter Dash

Conference: 21.10 \$ 2004

Ibrahim Kabia, Champlin Park

Name	School	Seed	Prelims	H#
Preliminaries				
1 Tambe, Ayuk	Blaine	22.68	23.03 Q	3
2 Forte, Kiemonte	Coon Rapids	22.73	23.10 Q	4
3 Gbarbea, Darkabolu	Champlin Park	22.44	23.12 Q	1
4 Kline, Eric	Blaine	23.14	23.31 Q	2
5 Boughner, Cole	Anoka	22.77	23.28 q	3
6 Dixon, Emannual	Maple Grove	23.18	23.34 q	3
7 Watkins, Ryan	Robbinsdale Armstrong	22.67	23.36 q	2
8 Chouinard, Corey	Elk River	23.12	23.37 q	1
9 Robel, Joe	Blaine		23.59	4
10 Clemons, Dien	Osseo	24.04	23.62	4
11 Sando, Joe	Champlin Park	23.84	23.64	1
12 Thomas, Kameron	Robbinsdale Armstrong	22.90	23.71	2
13 Lewis, Casey	Coon Rapids	22.93	23.82	1
14 Kordah, Barinedum	Park Center	24.34	24.05	2
15 Pint, Matt	Anoka	23.80	24.19	2
16 Erickson, Tony	Anoka	23.70	24.38	3
17 Palmer, Oscar	Maple Grove	24.04	24.40	4
18 Laws, Jay	Osseo	24.34	24.42	1
19 Koester, Mitch	Andover	24.34	24.53	1
20 Kwabi, Kweku	Champlin Park	24.14	24.65	3
21 Wallick, Jack	Maple Grove	23.95	24.70	2
22 Stephens, Jahari	Osseo	23.94	24.81	1
23 Sanchez, Cameron	Andover	23.98	24.81	3
24 Hanson, Connor	Elk River	24.78	24.97	2
25 Kamara, Alieu	Park Center	24.44	25.10	2
26 Leclair, Sam	Andover	24.51	25.13	4
27 Clark, Dxavier	Robbinsdale Armstrong	24.54	25.38	4
28 Plaisted, Alec	Elk River	25.15	25.42	1
29 Pray, Jackson	Centennial	24.74	25.60	3
30 Wilson, Nate	Centennial	24.45	25.63	3

Event 2 Boys 3200 Meter Run

Conference: 9:24.98 \$ 5/25/2010

Andy Fenske, Park Center

Name	School	Seed	Finals
Finals			
1 Johnson, Alex	Maple Grove	9:52.90	9:43.98
2 Olson, Conner	Maple Grove	9:46.50	9:44.92
3 Olson, Tyler	Maple Grove	9:54.60	9:52.73
4 Hartmann, Brad	Osseo	9:50.74	9:57.22
5 Keller, Jonathon	Centennial	9:58.29	9:57.45
6 Gust, Zach	Andover	10:00.24	9:57.72
7 Hellmann, Kurt	Andover	9:59.24	9:59.47
8 Woetzel, Austin	Blaine	9:52.47	10:01.59

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011**Coon Rapids High School****Results - Tuesday**

9	Fisher, Mitch	Andover	10:10.24	10:02.34
10	Kennedy, David	Coon Rapids	9:49.07	10:03.72
11	Mehrhof, Calvin	Coon Rapids	9:57.91	10:05.50
12	Kutina, Christian	Anoka	10:14.10	10:12.80

Finals ... (Event 2 Boys 3200 Meter Run)

	Name	School	Seed	Finals
13	Longen, Matt	Centennial	10:19.77	10:13.53
14	Erdahl, Dallas	Elk River	10:19.34	10:19.63
15	Nordahl, Mitch	Elk River	10:19.85	10:27.66
16	Kelly, Joe	Park Center	10:22.24	10:31.32
17	Bowler, Ryan	Centennial	10:33.80	10:32.07
18	Czech, Logan	Anoka	10:25.40	10:35.54
19	Eshelman, Jared	Robbinsdale Armstrong	10:21.09	10:36.33
20	Johnson, Rob	Park Center	10:42.24	10:36.76
21	Gross, paul	Robbinsdale Armstrong	11:00.31	10:45.69
22	Berkowitz, Adam	Osseo	10:38.04	10:45.81
23	Nurie, Kadiro	Blaine	10:15.51	10:46.85
24	Thompson, Blake	Elk River	10:56.32	11:09.00
25	Heimark, Drew	Park Center	11:22.24	11:10.67
26	Caughlin, Michael	Coon Rapids	11:17.31	11:11.73
27	Griffith, Pat	Osseo	11:17.44	11:16.66
28	Danielson, Matthew	Robbinsdale Armstrong	11:15.04	11:24.74
29	Que, David	Blaine	11:10.87	11:27.18
30	Kraemer, Brian	Anoka	12:30.00	12:03.72

Event 30 Boys Triple Jump

Conference: 48-04 \$ 1998

Reondo Davis

	Name	School	Seed	Finals
1	Hansen, Tom	Coon Rapids	43-11.00	44-00.00
2	Strong, Mo	Anoka	44-00.00	43-06.25
3	Crockett, Shadeed	Maple Grove	43-06.00	42-08.00
4	Mortenson, Nate	Blaine	42-11.00	42-04.50
5	Roy, Zach	Andover	42-03.00	41-02.25
6	Daniels, Treyton	Park Center	41-08.50	41-00.00
7	Grahek, Ryan	Blaine	40-08.00	40-10.50
8	Rand, Ryan	Anoka	41-09.00	40-03.75
9	Palmer, Oscar	Maple Grove	39-04.00	40-03.00
10	Krouse, Nick	Andover	41-08.00	40-02.25
11	Butler, Mikhail	Coon Rapids	40-08.00	39-08.25
12	Ndege, Fanaka	Elk River	40-00.00	39-06.25
13	Lilja, Jason	Coon Rapids	39-04.00	38-05.75
13	Anderson, Caven	Centennial	38-00.00	38-05.75
15	Okotete, Felix	Osseo	39-03.00	38-05.25
16	Ayinde, Kunle	Blaine	40-03.00	38-03.00
17	Johnson, Chris	Anoka		37-06.75
18	Sutton, Jevell	Osseo	38-03.00	36-11.50
19	Ruffcorn, David	Champlin Park	37-05.00	36-09.75
20	Dormoh, Eric	Champlin Park	39-06.00	36-08.50

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011**Coon Rapids High School****Results - Tuesday**

21	Zheng, Wenshi	Robbinsdale Armstrong	36-06.00	36-07.75
22	Hepner, Adam	Elk River	38-05.50	36-03.75
23	Bakken Heck, Soren	Robbinsdale Armstrong	35-05.00	36-03.25
24	Pham, Stephen	Champlin Park	37-08.00	36-00.25
25	Bakkenheck, Lucas	Robbinsdale Armstrong	35-07.00	35-08.50
26	Karyea, Lionel	Osseo	36-01.00	35-07.75
27	Kamara, Alieu	Park Center	39-06.00	35-07.25

Finals ... (Event 30 Boys Triple Jump)

	Name	School	Seed	Finals
28	Coltron, Dalton	Centennial	36-07.00	35-03.75
29	Phillips, Sawyer	Andover	37-07.00	34-08.50
30	Peterzen, Mitch	Elk River	34-06.50	33-05.25
31	Heimark, Drew	Park Center	29-08.00	28-10.00
---	Brown, Ryan	Centennial	34-07.00	ND

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 27 Girls Long Jump

Conference: 18-01.50 \$ 5/19/2009

Nicole Murphey, Blaine

Name	School	Seed	Finals
Finals			
1 Hill, Melanie	Champlin Park	17-06.50	16-11.75
2 Hickerson, Rochelle	Andover	17-02.50	16-06.75
3 Johnson, Jaclyn	Champlin Park	15-09.75	16-06.00
4 Daulton, Logan	Elk River	16-10.75	16-03.75
5 Edwards, Kelly	Elk River	16-04.00	J16-03.75
6 Eggerich, Marissa	Blaine	16-06.00	15-11.50
7 Puckett, Brianna	Osseo	16-05.00	J15-11.50
8 Jones, Paige	Coon Rapids	16-05.00	15-10.00
9 Kurtovich, Maggie	Andover	15-06.75	15-08.00
10 Detloff, Dani	Elk River	16-11.00	15-06.50
11 Bestman, Edwina	Park Center	16-00.00	15-05.50
12 Kaiser, Kayla	Maple Grove	15-10.00	15-04.00
13 Hlavka, Courtney	Anoka	14-11.00	14-11.00
14 Bialke, Morgan	Osseo	14-06.00	14-09.00
15 Floyd, Sid'Reshia	Robbinsdale Armstrong	15-10.00	14-08.50
16 Davis, Sasha	Park Center	16-09.00	14-08.25
17 LeVasseur, Caitlin	Coon Rapids	14-06.00	14-07.50
17 Bowe, Jessie	Anoka	15-11.50	14-07.50
19 McGrath, Molly	Blaine	15-03.00	14-07.00
19 Roertering, Katherine	Maple Grove	15-08.00	14-07.00
21 Steven, Claire	Robbinsdale Armstrong	14-08.00	14-05.50
22 Korsah, Georgia	Coon Rapids	14-09.00	14-03.25
23 Rand, Cece	Anoka	15-05.50	14-01.50
24 Werth, Katelyn	Centennial	14-08.00	14-00.50
25 Peah, Peaches	Robbinsdale Armstrong	14-05.75	13-09.75
26 Gonsior, Madison	Blaine	15-02.00	13-09.00
27 Peck, Sarah	Centennial	14-03.00	13-06.00
28 Gross, Nia	Osseo	14-10.00	13-04.75
29 Heytens, Kelli	Champlin Park	15-00.00	13-04.50
30 Forbes, Lizzy	Maple Grove	14-07.00	13-00.00
31 Freund, Isabella	Park Center	14-01.00	12-09.25
32 Nugent, Krystal	Andover	13-11.00	11-08.00

Event 23 Girls High Jump

Conference: 5-08 \$ 1996

Gina Curtis, Park Center

Name	School	Seed	Finals
Finals			
1 Sherva, Lauren	Anoka	5-02.00	5-03.00
2 Olsen, Kirsten	Blaine	5-05.00	5-02.00
3 Clarke, Bridget	Coon Rapids	5-00.00	5-00.00
4 Christenson, Nicole	Coon Rapids	5-02.00	J5-00.00
5 Ordener, Madison	Maple Grove	5-00.00	4-10.00
6 Jung, Olivia	Coon Rapids	4-10.00	J4-10.00

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011**Coon Rapids High School****Results - Tuesday**

7	Guimont, Gabbi	Anoka	5-00.00	J4-10.00
8	Johnson, Jaclyn	Champlin Park	4-10.00	J4-10.00
9	Hedin, Taylor	Andover	5-00.00	4-08.00
9	Loberg, Kelli	Elk River	4-10.00	4-08.00
Finals ... (Event 23 Girls High Jump)				
	Name	School	Seed	Finals
9	Lachinski, Hailey	Blaine	4-10.00	4-08.00
9	Mcleod, Taylor	Maple Grove	4-10.00	4-08.00
9	Madden, Lindsay	Elk River	5-00.00	4-08.00
14	Piette, Maria	Centennial	4-10.00	4-06.00
14	Namyst, Emily	Centennial	4-10.00	4-06.00
14	Werth, Katelyn	Centennial	4-10.00	4-06.00
14	Okonkwo, Anuli	Osseo	5-00.00	4-06.00
14	Seba, Colleen	Osseo	4-10.00	4-06.00
14	Tombers, Sydney	Andover	4-10.00	4-06.00
14	Yoder, Katie	Andover	4-06.00	4-06.00
14	Hlavka, Courtney	Anoka	5-02.00	4-06.00
14	Meade, Peyton	Blaine	4-08.00	4-06.00
14	Kinnunen, Carla	Maple Grove	4-08.00	4-06.00
14	Reisner, Hannah	Robbinsdale Armstrong	4-08.00	4-06.00
25	Denler, Carly	Champlin Park	4-10.00	4-04.00
25	Watson, Sarah	Champlin Park	4-10.00	4-04.00
25	Thompson, Indigo	Robbinsdale Armstrong	4-08.00	4-04.00
25	Henriksen, Helena	Robbinsdale Armstrong	4-06.00	4-04.00
25	Ziemer, Kara	Elk River	4-06.00	4-04.00
30	Anderson, Taylor	Park Center	4-02.00	4-02.00
30	Nichols, Raja	Osseo	4-06.00	4-02.00
---	Palme, Amanda	Park Center	4-02.00	NH
---	Agbonkhese, Monika	Park Center	4-02.00	NH

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 34 Boys Shot Put

Conference: 58-11 \$ 5/25/2010 Dijon Starr, Blaine

Name	School	Seed	Finals
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Finals

1	Anderson, Tom	Andover	64-05.00	65-04.50	\$
2	Johnson, Bryce	Champlin Park	57-09.00	57-06.75	
3	Foster, Kyle	Blaine	50-06.00	50-00.75	
4	Stephens, Joe	Champlin Park	51-11.50	50-00.25	
5	Graber, Michael	Elk River	50-06.50	48-00.50	
6	Osowski, Lucas	Coon Rapids	50-01.00	47-06.00	
7	McLeod, Chris	Blaine	50-03.00	47-05.75	
8	Daniels, Josh	Osseo	47-00.00	45-07.00	
9	Putz, Joe	Andover	47-09.00	45-06.50	
10	Ness, Cal	Robbinsdale Armstrong	45-01.00	44-03.25	
11	Flemister-King, Gjullian	Champlin Park	49-10.00	44-02.50	
12	Klatt, Matt	Anoka	45-04.00	44-01.50	
13	Czeck, Addison	Anoka	46-06.00	43-10.50	
14	Wallin, Matt	Robbinsdale Armstrong	46-04.50	43-07.75	
15	Ringwelski, Jake	Blaine	48-01.50	43-06.00	
16	Erickson, Austin	Elk River	42-10.75	43-01.50	
17	Ostendorf, Brad	Andover	43-10.00	42-01.50	
18	Meyer, Jordan	Elk River	45-03.00	41-11.00	
19	Bateman, Peter	Blaine		41-03.00	
20	Engen, Zach	Anoka	42-06.00	40-05.50	
21	Lowe, Tanner	Coon Rapids	40-08.00	39-11.25	
22	Van Lithe, Brent	Coon Rapids	41-01.00	39-10.00	
23	Brateg, David	Osseo	40-06.00	39-03.25	
24	Harvey, Chris	Centennial	40-00.00	38-11.50	
25	Nelson, Jake	Centennial	39-02.00	37-06.00	
26	Catton, Matt	Osseo	40-02.00	36-10.75	
27	Lebert, Louis	Centennial	37-11.00	36-07.00	
28	Howard, Terrance	Park Center	34-08.00	35-04.00	
29	Ihli, Matt	Maple Grove	31-08.00	33-01.50	
30	Higgins, Jesse	Maple Grove	34-07.75	32-07.75	
31	Shittu, Hammed	Park Center	43-01.00	32-07.00	
32	Sanders, Chase	Maple Grove	30-06.50	30-00.50	
33	Arel, Noah	Park Center	33-05.00	29-08.75	

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 31 Girls Discus Throw

Conference: 133-04 \$ 2000

Name	Jessica Stephan School	Seed	Finals
Finals			
1 Detloff, Mollie	Elk River	132-00	127-02
2 Vinokur, Vicky	Maple Grove	118-01	123-01
3 Nwalkolo, Nkem	Champlin Park	118-07	119-02
4 Richter, Kendra	Park Center	106-09	119-00
5 Kytta, Hayley	Blaine	108-07	116-11
6 Anderson, Dani	Blaine	102-06	111-11
7 Happke, Caitlynn	Coon Rapids	111-02	109-00
8 Thorndal, Nicole	Elk River	108-01	106-04
9 Sims, Sharai	Osseo	96-08	95-08
10 Haeska, Emily	Coon Rapids	93-01	95-05
11 Mbariket, Yvonne	Osseo	89-06	94-06
12 Kuntz, Ali	Champlin Park	103-08	94-02
13 Ngongang, Tatiania	Centennial	99-01	93-04
13 Seba, Colleen	Osseo	87-00	93-04
15 Backous, Kailee	Andover	103-08	93-03
16 Pasiowitz, Courtney	Coon Rapids	104-02	91-09
17 Zapzalka, Peyton	Andover	95-05	91-01
18 Pack, Lauren	Centennial	100-02	90-10
19 Denler, Carly	Champlin Park	98-03	89-11
20 Peterson, Laura	Andover	92-08	89-03
21 King, Marissa	Blaine	85-04	89-01
22 Piette, Maria	Centennial	80-09	84-08
23 Tacheny, Allison	Elk River	83-09	82-08
24 McGill, Jazmyne	Robbinsdale Armstrong	78-04	75-02
25 Berault, Dani	Anoka	84-01	70-08
26 Schmid, Cassie	Maple Grove	64-05	69-00
27 Karst, Karly	Anoka	75-00	67-01
28 Wallace, Sha-Kira	Park Center	58-10	62-05
29 Bendiske, Anna	Anoka	80-00	61-07
30 Shpak, Sasha	Maple Grove	62-06	56-01
31 Ross, Sakinah	Park Center	50-10	52-09
32 Queenan, Kelsey	Robbinsdale Armstrong	60-05	47-03

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011
Coon Rapids High School
Results - Tuesday

Event 26 Boys Pole Vault

Conference: 14-00 \$ 5/19/2009

Chris Sluis, Anoka

Name

School

Seed

Finals

Finals

1	Lueck, Matt	Blaine	13-06.00	13-03.00
2	Fondie, Klyle	Coon Rapids	13-00.00	12-09.00
3	Stroot, Nick	Anoka	12-00.00	J12-09.00
4	Barquest, Ethan	Coon Rapids	12-06.00	12-03.00
4	Zingsheim, Stephen	Blaine	12-06.00	12-03.00
6	Cenaiko, Conner	Andover	11-06.00	11-09.00
6	Crowley, Jake	Champlin Park	11-06.00	11-09.00
8	Whitney, Jordan	Robbinsdale Armstrong	10-06.00	11-03.00
9	Bohrer, Kyle	Andover	11-06.00	10-09.00
9	Mason, Sam	Osseo	10-00.00	10-09.00
9	Kuczarsky, Alex	Osseo	9-06.00	10-09.00
9	Schulte, Jacob	Osseo	11-00.00	10-09.00
9	Deveaux, Marcel	Blaine	12-00.00	10-09.00
9	Greenberg, Nolan	Anoka	11-06.00	10-09.00
15	Weeks, Kevin	Elk River	10-00.00	10-03.00
15	Stevens, Eric	Elk River	10-06.00	10-03.00
15	Synowczyski, Kyle	Andover	10-03.00	10-03.00
15	Anderson, Chet	Anoka	10-06.00	10-03.00
15	Jackson, Bobby	Champlin Park	11-00.00	10-03.00
15	Ogelsby, Logan	Champlin Park		10-03.00
21	Weisenburger, Josh	Maple Grove	10-06.00	9-03.00
21	Macklem, Nicholas	Robbinsdale Armstrong	8-00.00	9-03.00
21	Coltron, Dalton	Centennial	8-06.00	9-03.00
24	Lang, Alex	Maple Grove	9-00.00	8-03.00
24	Stevens, Austin	Elk River	9-06.00	8-03.00
24	Mohlencamp, Sam	Maple Grove		8-03.00
24	Yang, Prasenth	Park Center	8-00.00	8-03.00
24	Pham, Thanh	Park Center	8-06.00	8-03.00
---	Miller, Josh	Coon Rapids	11-06.00	NH
---	Comer, Nathan	Robbinsdale Armstrong	7-00.00	NH
---	Swain, Austin	Centennial	8-06.00	NH

Women - Team Rankings - 4 Events Scored

1) Andover	27	1) Champlin Park	27
3) Elk River	23	4) Blaine	17.5
5) Coon Rapids	17	6) Maple Grove	12
6) Robbinsdale Armstrong	12	6) Anoka	12
9) Park Center	6	10) Osseo	2.5

Men - Team Rankings - 4 Events Scored

1) Blaine	30.5	2) Maple Grove	30
3) Coon Rapids	25.5	4) Andover	21.5

Northwest Suburban Conference Championships - 5/24/2011 to 5/26/2011

Coon Rapids High School

Results - Tuesday

5) Champlin Park	15.5	6) Anoka	15
7) Osseo	6	8) Elk River	4
8) Centennial	4	10) Park Center	3
11) Robbinsdale Armstrong	1		