

2003 Awards

All Conference

Katie Anderson 800 Meters
Katie Anderson 1600 Meters
Katie Lien 300 Hurdles
Nkechi Alaike 4x200 Relay
Jenny Falvin 4x200 Relay
Nicki Olheiser 4x200 Relay
Kellie Mooney 4x200 Relay
Jenny Heiman Pole Vault
Jenny Flavin Triple Jump
Anna Kingman Shot Put
Amy Kingman Discus
Amanda Eichhorn Discus

Honorable Mention All Conference

Katie Lien 100 Hurdles
Nkechi Alaike 100 Meters
Katie Holschbach 800 Meters
Katie Holschbach 1600 Meters
Heather Olheiser 800 Meters
Nkechi Alaike 200 Meters
Heather Olheiser 4x800 Relay
Mackenzie Kilwein 4x800 Relay
Nicki Bull 4x800 Relay
Alison Kosir 4x800 Relay
Jessica Arne 4x100 Relay
Jenny Flavin 4x100 Relay
Jenny Heiman 4x100 Relay
Nicki Olheiser 4x100 Relay
Nikki Zachman 4x400 Relay
Katie Anderson 4x400 Relay
Katie Lien 4x400 Relay
Kellie Mooney 4x400 Relay
Abbey Larson Discus
Jenna Bettman Discus
Amy Kingman Shot Put

State Participants

Katie Lien 100 Hurdles – Participant
Katie Lien 300 Hurdles– Participant
Kellie Mooney 400 Meters – Participant
Nkechi Alaike 100 Meters – Participant
Jenny Heiman Pole Vault – Participant
Anna Kingman Shot Put – Participant

Captains 04

Nkechi Alaike
Katie Anderson
Katie Holschbach
Anna Kingman
Nikki Zachman

Team Awards

Kellie Mooney – MVP Sprinter
Nkechi Alaike – MVP Sprinter
Katie Anderson – MVP Distance
Katie Lien – MVP Hurdler
Anna Kingman – MVP Thrower
Jenny Flavin – MVP Horizontal Jumps
Jenny Heiman - MVP Vertical Jumps
Katie Anderson - MVP Team
Jenny Flavin - MVP Team
Katie Lien - MVP Team
Kellie Mooney - Bengal Award
Amanda Eichhorn - Bengal Award
Katie Holschbach – Bengal Award
Heather Olheiser – Most Improved