

# Northwest Suburban Conference Championships Girls

## Maple Grove High School

### May 28, 2021

#### 100 Meter Dash

1	Laubenra Ben, 11, Park Center	12.24 H6
		Honor roll qualifier
2	Emily Anderson, 11, Centennial	12.47 H6
		Honor roll qualifier
3	Shadaizhalynn Chatman, 11, Park Center	12.74 H6
		Honor roll qualifier
4	Jordyn Borsch, 10, Maple Grove	12.79 H6
		Honor roll qualifier
5	Royanna Whicker, 11, Champlin Park	12.87 H6
		Honor roll qualifier
6	Ituko Etuko, 9, Totino-Grace	12.98 H6
		Honor roll qualifier
7	Mikayla De Souza, 10, Coon Rapids	13.05 H6
8	Victoria LaBerge, 11, SpringLkPk/St Anthony	13.16 H6
9	Desiree Loyd, 10, Blaine	13.19 H4
9	Jennifer Heilman, 9, Rogers	13.19 H5
11	Morgan Bosacker, 12, Maple Grove	13.22 H5
12	Elange Seibure, 11, Anoka	13.24 H5
13	Marissa Wentland, 10, Maple Grove	13.28 H3
14	Danielle Urev, 10, Anoka	13.35 H4
15	Markia Cargeor, 11, Robbinsdale Armstrong	13.60 H5
16	Madison Williams, 10, Elk River	13.67 H4
17	Mackenzie Peterson, 12, Champlin Park	13.76 H5
18	Michelle Musa, 10, Blaine	13.77 H3
19	Britta DeMar, 9, Elk River	13.82 H4
20	Grace Baker, 9, Champlin Park	13.83 H3
21	Sydney Reining, 9, Rogers	13.86 H3
22	Navaeh Coffey, 9, SpringLkPk/St Anthony	13.90 H5
23	Meghan Jack, Anoka	13.90 H5
24	Leah Dengerud, 11, Totino-Grace	13.91 H4
25	Hailey Hielwig, Centennial	13.95 H4
26	Sabrina Wesseh, 10, Osseo	13.96 H2
27	Sarah Rud, 9, Blaine	13.97 H2
28	Arlena Newman, 11, Park Center	14.00 H2
29	Kaylee Martin, 11, Centennial	14.12 H3
30	Mabel Badejo, 8, SpringLkPk/St Anthony	14.24 H4
31	Sarah Osborne, 11, Robbinsdale Armstrong	14.33 H3
32	Blessing Gaye, 8, Osseo	14.44 H4
33	Stephanie Muniz, 9, Elk River	14.49 H2
34	Caterina Micheli, 11, Andover	14.51 H2
35	Precious Railey, 9, Coon Rapids	14.53 H2
36	Mary Strong, 11, Totino-Grace	14.64 H1
37	Ruby Jurmu, 10, Coon Rapids	15.10 H1
38	Rylee Gjesvold, 12, Andover	15.18 H1
39	Savannah Subendran, 9, Robbinsdale Armstrong	15.18 H3
40	Kayleah Lom, 10, Andover	16.03 H1
	Ja'quayveonia Whitehead, 10, Osseo	DNC H3
	Joy Olowo, 10, Rogers	DQ H5

#### 200 Meter Dash

1	Laubenra Ben, 11, Park Center	25.93 H6
		Honor roll qualifier
2	Emily Anderson, 11, Centennial	26.87 H6
3	Morgan Bosacker, 12, Maple Grove	26.90 H5
4	Allison Hookom, 11, Anoka	26.99 H5
5	Royanna Whicker, 11, Champlin Park	27.13 H6
6	Elange Seibure, 11, Anoka	27.14 H5
7	Mercy Zelee, 12, Osseo	27.32 H5
8	Hannah Horton, 10, Champlin Park	27.37 H3
9	Marissa Wentland, 10, Maple Grove	27.38 H4
10	Ituko Etuko, 9, Totino-Grace	27.55 H6
11	Sarahva College, 7, Robbinsdale Armstrong	27.67 H6
12	Katlyn Byhre, 12, Rogers	27.67 H6
13	Brianna Sullivan, 11, Maple Grove	27.81 H4
14	Jennifer Heilman, 9, Rogers	27.95 H5

15	Addison Stephani, 11, SpringLkPk/St Anthony	27.96 H5
16	Averi Wiege, 10, Blaine	27.97 H4
17	Danielle Saydee, 10, Osseo	28.01 H6
18	Kari Bork, 10, Champlin Park	28.06 H4
19	Belinda Griffith, 11, Coon Rapids	28.67 H4
20	Ellen Wareham, 12, Totino-Grace	28.72 H3
21	Mabel Badejo, 8, SpringLkPk/St Anthony	28.72 H2
22	Jordyn Svihel, 10, Totino-Grace	28.73 H3
23	Claire Zandstra, 9, Centennial	28.77 H4
24	Navaeh Coffey, 9, SpringLkPk/St Anthony	28.83 H5
25	Clea Cesare, 11, Robbinsdale Armstrong	28.96 H6
26	Sarah Rud, 9, Blaine	29.05 H3
27	Haniyah Dabney, 9, Park Center	29.15 H1
28	Addison Van Zee, 9, Centennial	29.24 H5
29	Aleah Wylie, 10, Osseo	29.47 H3
30	Keaira Walker, 8, Rogers	29.49 H4
31	Aalivah Nelson, 10, Elk River	29.57 H2
32	Sydney Keckeisen, 7, Elk River	29.65 H3
33	Markia Cargeor, 11, Robbinsdale Armstrong	29.72 H4
34	Madisyn Lauwagie, 10, Blaine	29.77 H2
35	Rennell Cooper, 11, Coon Rapids	30.09 H3
36	Rylee Gjesvold, 12, Andover	30.13 H1
37	Caterina Micheli, 11, Andover	30.22 H1
38	Peyton Taylor, 12, Coon Rapids	30.62 H2
39	Ashley Ege, 10, Elk River	30.65 H2
40	Kyliah Lewis, 10, Park Center	30.72 H3
41	Logan Brent, 9, Anoka	31.18 H2

#### 400 Meter Dash

1	Laubenra Ben, 11, Park Center	57.96 H5
		Honor roll qualifier
2	Jordyn Borsch, 10, Maple Grove	58.76 H5
		Honor roll qualifier
3	Allison Hookom, 11, Anoka	59.46 H5
		Honor roll qualifier
4	Katlyn Byhre, 12, Rogers	63.01 H5
5	Keely McSherry, 11, Totino-Grace	63.83 H5
6	Anna Couwenhoven, 11, Blaine	64.19 H3
7	Evyn Eppinga, 9, Anoka	65.13 H5
8	Molly Vance, 10, Totino-Grace	65.30 H4
9	Aleeyah Graves, 7, Rogers	65.62 H3
10	Allison Stacy, 9, Maple Grove	65.88 H3
11	Linnea Cary, 9, SpringLkPk/St Anthony	66.44 H3
12	Olivia Knoepfle, 12, Andover	66.62 H5
13	Brianna Villanti, 10, Rogers	66.86 H4
14	Lauren Lee, 11, Maple Grove	66.88 H2
15	Aspen Gray, 9, Centennial	67.01 H3
16	Amelia Olson, 11, Centennial	67.02 H3
17	Ella Frieling, 10, Blaine	67.22 H3
18	Claire Zandstra, 9, Centennial	67.31 H4
19	Kailey Perreault, 11, Blaine	67.54 H2
20	Carissa Brue, 9, Champlin Park	67.54 H3
21	Bailey Rauh, 8, Coon Rapids	68.10 H2
22	Kayla Benjamin, 11, Champlin Park	69.44 H2
23	Karlee Fisher, 10, Robbinsdale Armstrong	69.45 H5
24	Megan Prussman, 12, Champlin Park	69.92 H2
25	Stevie Harris, 7, Osseo	70.42 H4
26	Jackie Hove, 11, Totino-Grace	71.01 H1
27	Brynn Bossen, 11, SpringLkPk/St Anthony	71.13 H2
28	Audrey McNeil, 8, Osseo	72.82 H2
29	Ashley Grabau, 11, Andover	73.07 H4
30	Josephine Daweah, 11, Osseo	73.58 H1
31	Mackenzie Monsrud, 12, SpringLkPk/St Anthony	73.83 H2
32	Brianna Miller, 11, Park Center	80.29 H1
	Celine Hui, 11, Robbinsdale Armstrong	DNC H1
	Bethany Lehner, 9, Elk River	DNC H4

Sophia White, 11, Andover DNC H4  
Alicia Blesi, 10, Anoka DNC H4

### 800 Meter Run

1 Emilie Meyer, 12, Totino-Grace 2:18.30 H3  
Honor roll qualifier  
2 Audrey Neuerburg-Chapma, 12, Elk River 2:21.40 H3  
Honor roll qualifier  
3 Alexa Davis, 11, Osseo 2:24.16 H3  
Honor roll qualifier  
4 Brekkyn Lammert, 12, Andover 2:24.16 H3  
Honor roll qualifier  
5 Abbeey Oakland, 8, Maple Grove 2:24.30 H3  
6 Caitlyn Osanai, 9, Robbinsdale Armstrong 2:27.74 H3  
7 Kalli Smith, 12, Maple Grove 2:30.55 H3  
8 Shalom Sulungaine, 10, Blaine 2:30.56 H3  
9 Anna Cargill, 11, Rogers 2:36.10 H3  
10 Natalie Zielsdorf, 11, SpringLkPk/St Anthony 2:38.02 H3  
11 Emma Magnuson, 10, Centennial 2:38.49 H3  
12 Maria Hoff, 10, Osseo 2:39.39 H1  
13 Ava Kehr, 11, Coon Rapids 2:40.33 H2  
14 Miah Martin, 12, Elk River 2:41.80 H2  
15 Signe Johnson, 11, SpringLkPk/St Anthony 2:41.89 H2  
16 Cassidy Tanner, 12, Champlin Park 2:42.02 H2  
17 Kelsey Huver, 11, Blaine 2:42.42 H2  
18 Ellie Berglin, 12, Maple Grove 2:42.42 H2  
19 Ariam Aman, 10, Osseo 2:42.86 H1  
20 Abigail Namukwaya, 9, Anoka 2:42.92 H1  
21 Hannah Hookom, 10, Anoka 2:43.74 H2  
22 Graciela Wiegert, 12, Robbinsdale Armstrong 2:43.98 H1  
23 Olivia Goddard, 9, Anoka 2:46.47 H1  
24 Mikayla Poppe, 12, Centennial 2:46.67 H2  
25 Maia Hernandez, 11, SpringLkPk/St Anthony 2:47.10 H2  
26 McKenzie Keane, 9, Totino-Grace 2:47.48 H1  
27 Breanna Hetchler, 12, Rogers 2:47.92 H1  
28 Lorelei Ibeling, 7, Rogers 2:48.58 H1  
29 Grace Hellegers, 9, Andover 2:49.69 H1  
30 Rachel Miller, 10, Champlin Park 2:51.23 H1  
31 Averi Schirmers, 10, Elk River 2:51.60 H3  
32 Akala Lowe, 11, Coon Rapids 2:53.54 H1  
33 Sakhi Gautam, 12, Blaine 2:54.00 H2  
34 Maura Wahl, 10, Champlin Park 2:56.77 H1  
35 Abigail Egerstrom, 8, Park Center 3:02.38 H1  
36 Hailee Nightengale, 9, Andover 3:08.67 H1  
37 Zeinab Jalloh, 9, Park Center 3:44.39 H1  
Casey Amelsberg, 9, Coon Rapids DNC H1  
Brooke Schmidt, 9, Centennial DNC H2  
Devon Torgerson, 9, Park Center DNC H2

### 1600 Meter Run

1 Emilie Meyer, 12, Totino-Grace 5:01.91 H3  
Honor roll qualifier  
2 Kaelyn Nelson, 9, Anoka 5:14.07 H3  
Honor roll qualifier  
3 Kaitlyn Finnegan, 11, SpringLkPk/St Anthony 5:20.47 H3  
Honor roll qualifier  
4 Juliana Davis, 9, Osseo 5:22.94 H3  
5 Alexa Davis, 11, Osseo 5:24.19 H3  
6 Caitlyn Osanai, 9, Robbinsdale Armstrong 5:26.63 H3  
7 Julia Babineau, 10, Andover 5:28.56 H3  
8 Anna Eich, 12, Rogers 5:31.11 H3  
9 Abby Wood, 9, Centennial 5:31.86 H3  
10 Shalom Sulungaine, 10, Blaine 5:32.14 H3  
11 Alyssa Gerth, 12, Andover 5:35.37 H2  
12 Vayda Foy, 9, Champlin Park 5:37.23 H3  
13 Allyson Heiden, 12, Robbinsdale Armstrong 5:44.46 H2  
14 Lauren Swanson, 11, Centennial 5:45.71 H2  
15 Julia Zalewski, 9, Centennial 5:46.01 H2  
16 Natalie Laurance, 8, Maple Grove 5:46.38 H2  
17 Kelsey Young, 8, Maple Grove 5:46.39 H2  
18 Ellie Grossman, 9, Champlin Park 5:48.40 H1  
19 Lily Chabica, 11, Maple Grove 5:49.74 H3  
20 Kelsey Huver, 11, Blaine 5:50.57 H2  
21 Sarah Redepinning, 10, Anoka 5:53.42 H2  
22 Jazmyn Christen, 11, Osseo 5:55.34 H1  
23 Alyssa Blake, 12, Blaine 5:58.49 H1

24 Kayla Traugott, 10, Rogers 5:58.94 H2  
25 Gigi Bragg, 8, Anoka 6:04.65 H2  
26 Celia Woyke, 12, Robbinsdale Armstrong 6:04.70 H2  
27 Claire VanDenTop, 12, SpringLkPk/St Anthony 6:07.16 H1  
28 Gabby Wahl, 10, Champlin Park 6:12.44 H1  
29 Ella LaGree, 7, Coon Rapids 6:12.83 H1  
30 Selah Binsfeld, 7, Elk River 6:13.20 H2  
31 Teagan Gillard, 9, SpringLkPk/St Anthony 6:15.59 H1  
32 Luca Collum, 10, Andover 6:36.53 H1  
33 Jayda Bunch, 7, Rogers 6:40.82 H1  
34 Mallory Williams, 12, Elk River 6:42.01 H1  
35 Jenna Lindstrom, 11, Totino-Grace 6:44.42 H1  
36 Natalie Hanssen, 9, Coon Rapids 7:07.27 H1  
37 Casey Amelsberg, 9, Coon Rapids 7:08.20 H1

### 3200 Meter Run

1 Abigail Hibbs, 8, Champlin Park 11:13.68 H2  
Honor roll qualifier  
2 Kaelyn Nelson, 9, Anoka 11:24.87 H2  
Honor roll qualifier  
3 Lindsey Young, 11, Maple Grove 11:28.81 H2  
Honor roll qualifier  
4 Juliana Davis, 9, Osseo 11:31.40 H2  
Honor roll qualifier  
5 Kaitlyn Finnegan, 11, SpringLkPk/St Anthony 11:53.97 H2  
Honor roll qualifier  
6 Margaret Grossman, 12, Champlin Park 11:59.51 H2  
7 Abby Wood, 9, Centennial 11:59.70 H2  
8 Alyssa Gerth, 12, Andover 12:03.80 H2  
9 Elise Behr, 8, Maple Grove 12:20.84 H2  
10 Elise Oldroyd, 10, Champlin Park 12:23.21 H2  
11 Ilsa Hoaglund, 12, Coon Rapids 12:29.42 H2  
12 Jordyn Hirte, 10, Andover 12:32.87 H1  
13 Tatum Liebke, 11, Centennial 12:33.04 H2  
14 Samantha Solboe, 10, SpringLkPk/St Anthony 12:39.18 H1  
15 Caroline Ringsmuth, 11, Maple Grove 12:39.81 H1  
16 Sara O'Dell, 10, Andover 12:40.02 H1  
17 Noelle Brandes, 11, Robbinsdale Armstrong 12:40.82 H1  
18 Sarah Redepinning, 10, Anoka 12:44.40 H2  
19 Zoe Hoaglund, 12, Coon Rapids 12:57.00 H1  
20 Teresa Shah, 9, Osseo 12:57.91 H1  
21 Ava Nibbelink, 9, Centennial 12:57.96 H1  
22 Alyssa Blake, 12, Blaine 13:06.11 H1  
23 Mio Aoki-Sherwood, 12, Robbinsdale Armstrong 13:13.18 H1  
24 Julie Hedlund, 11, Coon Rapids 13:14.80 H1  
25 Adriana Potts, 11, Blaine 13:16.57 H1  
26 Mikaela Hetchler, 10, Rogers 13:29.51 H1  
27 Annie Mraz, 12, Totino-Grace 13:35.48 H1  
28 Autumn VanDenTop, 12, SpringLkPk/St Anthony 13:39.86 H1  
29 Abigail Ostrander, 8, Anoka 13:44.35 H1  
30 Maria Hanauska, 9, Rogers 13:55.74 H1  
31 Emma Houfek, 10, Osseo 13:56.65 H1  
Carissa Edman, 10, Elk River DNC H1  
Annika Bauer, 9, Elk River DNC H2

### 100 Meter Hurdles

1 Kennedy Martinson, 10, Coon Rapids 14.91 H5  
Honor roll qualifier  
2 Grace Brandt, 10, SpringLkPk/St Anthony 15.40 H5  
Honor roll qualifier  
3 Tashina Beyioku-Alase, 12, Champlin Park 15.42 H5  
Honor roll qualifier  
4 Charis Lawson, 12, SpringLkPk/St Anthony 16.65 H5  
Honor roll qualifier  
5 Anna Zigman, 11, Maple Grove 17.26 H3  
6 Perri Thompson, 11, Robbinsdale Armstrong 17.33 H5  
7 Jewel Tarwai, 12, Champlin Park 17.38 H4  
8 Anika Shequin, 12, SpringLkPk/St Anthony 17.39 H4  
9 Ella Johnson, 10, Elk River 17.42 H3  
10 Jordan Hund, 12, Elk River 17.69 H4  
11 Savanna Johnson, 10, Elk River 17.78 H4  
12 Erin Hall, 10, Maple Grove 17.80 H4  
13 Stephanie Kemo, 11, Blaine 17.85 H5  
14 Sylvia Gitamo, 10, Anoka 18.00 H4  
15 Valencia Morris, 10, Osseo 18.42 H3  
16 Alexandra Nyenati, 9, Andover 18.48 H2

17	Wilhelmina Donald, 12, Blaine	18.53	H3
18	Linnea Noeldner, 10, Osseo	18.56	H3
19	Laya Robertson, 7, Rogers	18.64	H2
20	Siena Maciei, 10, Maple Grove	18.87	H3
21	Calleigh Harris, 10, Anoka	18.90	H3
22	Amanda Doe, 10, Anoka	19.21	H5
23	Miriam Manna, 12, Robbinsdale Armstrong	19.34	H2
24	Alyssa Draheim, 10, Centennial	19.35	H2
25	Jordan Seery, 12, Champlin Park	19.66	H2
26	Piper Engelby, 9, Andover	20.13	H2
27	Sophie Ables, 7, Coon Rapids	20.18	H2
28	Celeste Mammah, 9, Coon Rapids	21.23	H1
29	Haniyah Dabney, 9, Park Center	23.66	H1
30	Anna Peterson, 10, Centennial	24.16	H2
31	Osasere Enahoro, 9, Park Center	24.23	H1
32	Burnices Barlue, 12, Osseo	30.98	H5
	Kathryn Grubisch, 12, Centennial	DNC	H1
	Freda Payne, 12, Blaine	DNC	H3
	Abigail Redelsheimer, 9, Robbinsdale Armstrong	DNC	H4
	Jenna Kalevik, 12, Rogers	DNC	H4

### 300 Meter Hurdles

1	Grace Brandt, 10, SpringLkPk/St Anthony	44.95	H5
	Honor roll qualifier		
2	Claire Beckman, 12, Andover	46.10	H5
	Honor roll qualifier		
3	Kennedy Martinson, 10, Coon Rapids	46.71	H5
	Honor roll qualifier		
4	Anika Shequin, 12, SpringLkPk/St Anthony	48.11	H5
	Honor roll qualifier		
5	Stephanie Kemo, 11, Blaine	49.06	H5
6	Savanna Johnson, 10, Elk River	50.13	H5
7	Marvelous Onwualo, 10, Blaine	50.37	H4
8	Jordan Hund, 12, Elk River	51.37	H4
9	Perri Thompson, 11, Robbinsdale Armstrong	51.49	H4
10	Gabrielle Parker, 10, Maple Grove	51.54	H4
11	Kaitlyn Staut, 10, SpringLkPk/St Anthony	51.79	H4
12	Anna Zigman, 11, Maple Grove	51.98	H5
13	Ella Voorhees, 11, Totino-Grace	52.14	H4
14	Valencia Morris, 10, Osseo	52.46	H3
15	Wilhelmina Donald, 12, Blaine	53.10	H5
16	Erin Hall, 10, Maple Grove	53.36	H3
17	Adyson Janacek, 10, Centennial	53.52	H3
18	Linnea Noeldner, 10, Osseo	53.71	H3
19	Amanda Doe, 10, Anoka	56.35	H2
20	Ruby Engel, 11, Osseo	56.50	H3
21	Calleigh Harris, 10, Anoka	56.56	H1
22	Kathryn Grubisch, 12, Centennial	56.57	H3
23	Noelle Flaschberger, 11, Centennial	56.69	H3
24	Jordan Seery, 12, Champlin Park	57.75	H4
25	Taylor Boone, 10, Elk River	58.22	H2
26	Laya Robertson, 7, Rogers	58.55	H2
27	Sophie Ables, 7, Coon Rapids	60.08	H2
28	Haniyah Dabney, 9, Park Center	62.60	H2
29	Miriam Manna, 12, Robbinsdale Armstrong	63.94	H2
30	Celeste Mammah, 9, Coon Rapids	67.11	H1
31	Osasere Enahoro, 9, Park Center	74.13	H1
	Piper Engelby, 9, Andover	DNC	H2
	Lydia Lakanen, 9, Anoka	DNC	H2
	Rakeya Eastman, 12, Park Center	DNC	H3
	Abigail Redelsheimer, 9, Robbinsdale Armstrong	DNC	H4

### 4x100 Meter Relay

1	SpringLkPk/St Anthony (Addison Stephani, Grace Brandt, Victoria LaBerge, Charis Lawson)	50.16	H2
	Honor roll qualifier		
2	Champlin Park	50.99	H2
	Honor roll qualifier		
3	Anoka	51.47	H2
	Honor roll qualifier		
4	Park Center	51.84	H1
	Honor roll qualifier		
5	Coon Rapids	52.55	H1
6	Osseo (Valencia Morris, La'myjah Tenhoff, Danielle Saydee, Mercy Zelee)	52.68	H1

7	Blaine (Sarah Rud, Averi Wiege, Allie Bingle, Desiree Loyd)	52.5	H2
8	Elk River (Chelsie Thom, Ashley Ege, Madison Williams, Britta DeMar)	54.57	H1
9	Robbinsdale Armstrong (Perri Thompson, Sarah Osborne, Savannah Subendran, Markia Cargeor)	54.59	H2
10	Centennial (Kaylee Martin, Macokenzie Sawvel, Maddie Haider, Hailey Hielwig)	55.23	H2
11	Totino-Grace (Abigail Embacher, Leah Dengerud, Mary Strong, Isabella Menchen)	55.80	H1
12	Andover (Caterina Micheli, Marieclaire Mutumba, Kennedy Sanders, Cassandra Sims)	55.91	H1
	Rogers (Joy Olowo, Jennifer Heilman, Aleeyah Graves, Keaira Walker)	DQ	H2
	Maple Grove (Morgan Bosacker, Laci McClure, Marissa Wentland, Ella Williams)	DQ	H2

### 800 Meter Relay

1	Blaine (Ella Frieling, Brianna Fleek, Averi Wiege, Desiree Loyd)	1:49.47	H2
	Honor roll qualifier		
2	Maple Grove (Madeline Raymond, Brianna Sullivan, Ella Williams, Idara Ekong)	1:49.72	H2
	Honor roll qualifier		
3	Robbinsdale Armstrong (Karlee Fisher, O Suchy, Sarahya College, Clea Cesare)	1:50.15	H2
	Honor roll qualifier		
4	SpringLkPk/St Anthony (Addison Stephani, Navaeh Coffey, Anika Shequin, Megan Monsrud)	1:51.31	H2
5	Park Center	1:52.23	H2
6	Rogers (Anya Schmidt, Aleeyah Graves, Elizabeth Irubese, Keaira Walker)	1:53.07	H2
7	Anoka	1:53.08	H2
8	Champlin Park (Hannah Horton, Sophie Simmer, Kayla Benjamin, Touyouner Beroplue)	1:53.93	H2
9	Elk River (Sydney Keckeisen, Madison Erickson, Esme Ivel, Aaliyah Nelson)	1:54.91	H1
10	Osseo (Neveah Page, Danielle Snyder, La'myjah Tenhoff, Mercy Zelee)	1:55.81	H1
11	Coon Rapids	1:56.03	H1
12	Totino-Grace (Ellen Wareham, Teresa Miller, Lauren Kuharski, Jordyn Svihel)	1:58.05	H1
13	Centennial (Adyson Janacek, Hailey Hielwig, Macokenzie Sawvel, Maddie Haider)	1:59.29	H1
	Andover	DNC	H1

### 4x400 Meter Relay

1	Andover (Brekvyn Lammert, Michelle Dyrdaht, Olivia Knoepfle, Claire Beckman)	4:09.74	H2
	Honor roll qualifier		
2	Maple Grove (Allison Stacy, Lauren Lee, Abbey Oakland, Jordyn Borsch)	4:10.80	H2
	Honor roll qualifier		
3	Totino-Grace (Ituko Etuko, Keely McSherry, Molly Vance, Emilie Meyer)	4:13.96	H1
	Honor roll qualifier		
4	Elk River (Audrey Neuerburg-Chapma, Bethany Lehner, Jordan Hund, Savanna Johnson)	4:16.30	H2
5	Blaine	4:19.15	H2
6	Coon Rapids	4:20.20	H1
7	Centennial (Claire Zandstra, Emily Anderson, Amelia Olson, Julia Zalewski)	4:23.14	H2
8	Rogers (Katlyn Byhre, Brianna Villanti, Anna Cargill, Aleeyah Graves)	4:25.19	H2
9	Robbinsdale Armstrong (L Himes, Clea Cesare, Allyson Heiden, Caitlyn Osanai)	4:27.29	H1
10	SpringLkPk/St Anthony (Brianna Kiriago, Linnea Cary, Signe Johnson, Natalie Zielsdorf)	4:30.12	H1
11	Osseo (Lee Davis, Stevie Harris, Kyndall Thomas, Burnices Barlue)	4:31.39	H2
12	Anoka	4:44.07	H1
13	Champlin Park	4:49.17	H2

**4x800 Meter Relay**

1	Maple Grove (Kalli Smith, Lindsey Young, Lily Chabica, Abbey Oakland)	9:47.91	Honor roll qualifier
2	Andover (Breklyn Lammert, Michelle Dyrdaht, Julia Babineau, Claire Beckman)	9:49.79	Honor roll qualifier
3	Elk River	10:42.12	
4	SpringLkPk/St Anthony (Natalie Zielsdorf, Autumn VanDenTop, Maia Hernandez, Signe Johnson)	10:42.73	
5	Anoka	10:43.18	
6	Coon Rapids	10:50.69	
7	Robbinsdale Armstrong (L Himes, Avery Cuper, N Storlie, S Noyes)	10:53.88	
8	Osseo (Kaylee Buerman, Ariam Aman, Maria Hoff, Stevie Harris)	10:54.33	
9	Champlin Park (Ashlyn Murphy, Anna Marsolek, Lexi Betz, Callista Lamott)	10:55.20	
10	Centennial (Tatum Liebke, Jackie Rolden Pena, Mikayla Poppe, Emma Magnuson)	11:05.93	
11	Blaine (Adriana Potts, Mariaha Olson Hernabdez, Sakhi Gautam, Payton Vogel)	11:14.34	

**Long Jump**

1	Victoria LaBerge, 11, SpringLkPk/St Anthony	17-11	Honor roll qualifier
2	Delanie Siewert, 12, Maple Grove	16-8 1/4	Honor roll qualifier
3	Adaeze Udalla, 12, Elk River	16-3 3/4	Honor roll qualifier
4	Brianna Fleek, 11, Blaine	15-9 1/2	
5	Ella Voorhees, 11, Totino-Grace	15-9	
6	Charis Lawson, 12, SpringLkPk/St Anthony	15-7 1/2	
7	Emily Anderson, 11, Centennial	15-5 1/2	
8	Arthurline Quaqua, 10, Anoka	15-4	
9	Addison Stephani, 11, SpringLkPk/St Anthony	15-3	
10	Anna Marsolek, 11, Champlin Park	15-2 3/4	
11	Burnices Barlue, 12, Osseo	15-2 1/2	
12	Sarahya College, 7, Robbinsdale Armstrong	15-1 1/2	
13	Brianna Villanti, 10, Rogers	15-1 1/4	
14	Alivia Fenstra, 10, Rogers	15-1	
15	Britta DeMar, 9, Elk River	14-11 1/2	
16	Ava Lee, 9, Maple Grove	14-10 3/4	
17	Mikayla De Souza, 10, Coon Rapids	14-10	
18	Kayla Benjamin, 11, Champlin Park	14-10	
19	Cassandra Sims, 12, Andover	14-8 1/4	
20	Breanna Hetchler, 12, Rogers	14-6 1/2	
21	Abigail Embacher, 12, Totino-Grace	14-5 1/4	
22	Rory Ruotsinoja, 11, Coon Rapids	14-5	
23	Karlee Fisher, 10, Robbinsdale Armstrong	14-3 1/2	
24	Ava Kehr, 11, Coon Rapids	14-3 1/2	
25	Meghan Jack, Anoka	13-11 1/2	
26	Grace Baker, 9, Champlin Park	13-11 1/2	
27	Josephine Daweah, 11, Osseo	13-11 1/2	
28	Brianna Miller, 11, Park Center	13-10 1/2	
29	Allie Bingle, 10, Blaine	13-9 3/4	
30	Olivia Knoepfle, 12, Andover	13-8	
31	Ava Cole, 11, Elk River	13-5	
32	Jasmyne Green, 11, Anoka	13-5	
33	Kyliah Lewis, 10, Park Center	13-3 1/2	
34	Massa Massaquoi, 10, Park Center	13-1 3/4	
35	Anna Peterson, 10, Centennial	13-1 1/2	
36	Abby Leaf, 9, Anoka	13-0 1/2	
37	Kaylee Martin, 11, Centennial	12-11 1/4	
38	Mikaela Ysabel Panganib, 11, Maple Grove	12-7	
39	Kennedy Sanders, 12, Andover	12-5 3/4	
40	Kyra Nelson, 10, Osseo	12-4 1/2	
41	Olivia Spencer, 11, Blaine	12-2 1/2	
42	Lauren Kuharski, 12, Totino-Grace	11-10	

**Triple Jump**

1	Laubenra Ben, 11, Park Center	38-5 3/4	Honor roll qualifier
			Meet record
	Was 38-1 3/4; Michelle Maciej, 2009, & Allison Gerads, Champlin Park, 2015		

2	Victoria LaBerge, 11, SpringLkPk/St Anthony	35-3 1/2	Honor roll qualifier
3	Delanie Siewert, 12, Maple Grove	35-3 1/4	Honor roll qualifier
4	Burnices Barlue, 12, Osseo	34-1 1/2	Honor roll qualifier
5	Mackenzie Monsrud, 12, SpringLkPk/St Anthony	33-9	Honor roll qualifier
6	Brianna Fleek, 11, Blaine	33-4	Honor roll qualifier
7	Adaeze Udalla, 12, Elk River	32-10 1/2	
8	Grace Kehr, 11, Coon Rapids	32-4 1/2	
9	Arthurline Quaqua, 10, Anoka	32-0	
10	Brianna Schoenrock, 12, Blaine	31-4 1/2	
11	Alivia Fenstra, 10, Rogers	31-4	
12	Allie Bingle, 10, Blaine	31-4	
13	Jaelyn Sorenson, 10, Elk River	31-1	
14	Ava Lee, 9, Maple Grove	30-11 3/4	
15	Breanna Hetchler, 12, Rogers	30-10 3/4	
16	Keaira Walker, 8, Rogers	30-6 3/4	
17	Evyn Eppinga, 9, Anoka	30-2 1/2	
18	Piper Engelby, 9, Andover	29-8	
19	Elange Seibure, 11, Anoka	29-6 1/2	
20	Sydney Martin, 9, Elk River	29-3 3/4	
21	Linaya Swenson, 11, Centennial	28-11 1/2	
22	Kyra Nelson, 10, Osseo	28-10	
23	Alsita Suah, 10, Coon Rapids	28-10	
24	Hallie Johnson, 10, SpringLkPk/St Anthony	28-6 1/4	
25	Kari Bork, 10, Champlin Park	28-4 1/4	
26	Abigail Embacher, 12, Totino-Grace	28-4	
27	Jessica Russell, 10, Totino-Grace	28-1 3/4	
28	Callista Lamott, 12, Champlin Park	27-8	
29	Lucy Nguyen, 10, Coon Rapids	26-8 1/4	
30	Mikaela Ysabel Panganib, 11, Maple Grove	26-7 1/4	
31	Lauren Kuharski, 12, Totino-Grace	26-1	
32	Rodiat Adeduntan, 11, Park Center	25-3	
33	Ruby Engel, 11, Osseo	24-9 3/4	

**Shot Put**

1	Adison Kapitzke, 11, Champlin Park	40-0 1/4	Honor roll qualifier
2	Ashley Stewart, 10, SpringLkPk/St Anthony	38-5 3/4	Honor roll qualifier
3	Laila Lakanen, 12, Anoka	36-9 3/4	Honor roll qualifier
4	Emma Potratz, 12, SpringLkPk/St Anthony	35-5 1/4	Honor roll qualifier
5	Ava Larson, 12, Champlin Park	35-5	Honor roll qualifier
6	Ephemian Bailey, 12, Robbinsdale Armstrong	35-1	Honor roll qualifier
7	Lydia Lakanen, 9, Anoka	34-10 1/4	Honor roll qualifier
8	Christine Duffv, 12, Totino-Grace	34-5 3/4	
9	Johanna Langbehn, 12, Elk River	34-3	
10	Arabella Sutch, 9, SpringLkPk/St Anthony	34-0	
11	Mackenzie Peterson, 12, Champlin Park	33-9	
12	Linaya Swenson, 11, Centennial	32-8	
13	Sophia Kormann, 12, Maple Grove	32-7	
14	Jamie Kerkvliet, 11, Rogers	31-8 3/4	
15	Joem Wesseh, 10, Osseo	31-8	
16	Andi Mehrer, 10, Elk River	31-7	
17	Isabelle Huss, 11, Centennial	31-6 3/4	
18	Olivia Kramer, 12, Elk River	31-5 1/2	
19	Megan Schlaefer, 12, Totino-Grace	31-5 1/2	
20	Amarah McDonough, 12, Osseo	30-11 3/4	
21	Ava Brigham, 12, Robbinsdale Armstrong	30-9 1/4	
22	Brooklyn Carlson, 11, Andover	30-7	
23	Kendall Thurston, 10, Robbinsdale Armstrong	30-2 1/4	
24	Caraline Schlaefer, 10, Totino-Grace	30-2	
25	Temitope Oluwole, 11, Blaine	29-10 1/2	
26	Anya Schmidt, 8, Rogers	29-7	
27	Erica Wright, 10, Blaine	29-4 3/4	
28	Sydney Augustin, 11, Centennial	29-1	
29	Grace Morphew, 9, Anoka	28-10 1/2	
30	Annais Bakpatina, 12, Osseo	28-9	

31	Julia Barton, 11, Maple Grove	27-11 1/2
32	Ava Halverson, 11, Andover	27-5 3/4
33	Audrey Kormann, 10, Maple Grove	26-5 1/2
34	Riley Nordberg, 12, Rogers	25-10
35	Grace Dolo, 9, Park Center	24-11 1/2
36	Reagan Keller, 10, Blaine	24-5
37	Isabella Novak, 8, Andover	24-2 1/4
38	Malia Dean, 10, Coon Rapids	23-5 1/2
39	Ashley Wiitanen, 12, Coon Rapids	23-1 1/2

### Discus Throw

1	Ashley Stewart, 10, SpringLkPk/St Anthony	120-6
	Honor roll qualifier	
2	Arabella Sutch, 9, SpringLkPk/St Anthony	116-3
	Honor roll qualifier	
3	Adison Kapitzke, 11, Champlin Park	114-0
	Honor roll qualifier	
4	Annais Bakpatina, 12, Osseo	110-8
	Honor roll qualifier	
5	Laila Lakanen, 12, Anoka	108-7
	Honor roll qualifier	
6	Anya Schmidt, 8, Rogers	108-3
	Honor roll qualifier	
7	Johanna Langbehn, 12, Elk River	108-3
	Honor roll qualifier	
8	Andi Mehrer, 10, Elk River	106-2
9	Mackenzie Peterson, 12, Champlin Park	101-7
10	Olivia Kramer, 12, Elk River	100-10
11	Sophia Kormann, 12, Maple Grove	99-8
12	Ava Larson, 12, Champlin Park	99-0
13	Ephemian Bailev, 12, Robbinsdale Armstrong	98-11
14	Megan Schlaefel, 12, Totino-Grace	94-9
15	Jamie Kerkvliet, 11, Rogers	91-6
16	Emma Potratz, 12, SpringLkPk/St Anthony	91-3
17	Christine Duffy, 12, Totino-Grace	89-7
18	Ruby Revier, 11, Osseo	89-6
19	Ava Brigham, 12, Robbinsdale Armstrong	89-2
20	Lydia Lakanen, 9, Anoka	87-11
21	Isabella Novak, 8, Andover	86-9
22	Grace Morphew, 9, Anoka	86-5
23	Sydney Augustin, 11, Centennial	86-5
24	Marlee Fisher, 11, Robbinsdale Armstrong	85-9
25	Isabelle Huss, 11, Centennial	84-10
26	Joem Wesseh, 10, Osseo	82-8
27	Persia Glenn, 9, Coon Rapids	80-8
28	Caraline Schlaefel, 10, Totino-Grace	78-6
29	Brooklyn Carlson, 11, Andover	77-5
30	Audrey Kormann, 10, Maple Grove	76-9
31	Erica Wright, 10, Blaine	75-5
32	Julia Barton, 11, Maple Grove	74-9
33	Evelyn Thomton, 12, Centennial	71-9
34	Temitope Oluwole, 11, Blaine	69-8
35	Ava Halverson, 11, Andover	69-5
36	Melyssa Braesch, 8, Rogers	69-4
37	Claire Leckner, 10, Blaine	69-0
38	Ashley Wiitanen, 12, Coon Rapids	68-7
39	Grace Dolo, 9, Park Center	66-1
40	Malia Dean, 10, Coon Rapids	64-2

### High Jump

1	Megan Monsrud, 11, SpringLkPk/St Anthony	5-2
	Honor roll qualifier	
2	Cassandra Sims, 12, Andover	5-1
	Honor roll qualifier	
3	Tashina Beyioku-Alase, 12, Champlin Park	5-1
	Honor roll qualifier	
4	Leah Dengerud, 11, Totino-Grace	4-10
5	Sophia Mahnke, 9, Rogers	4-10
6	Ella Johnson, 10, Elk River	4-10
7	Anika Shequin, 12, SpringLkPk/St Anthony	4-10
7	Johanna Langbehn, 12, Elk River	4-10
9	Alyssa Draheim, 10, Centennial	4-10
9	Evvy Eppinga, 9, Anoka	4-10
11	Hannah Horton, 10, Champlin Park	4-8
11	Sylvia Gitamo, 10, Anoka	4-8
13	Clea Cesare, 11, Robbinsdale Armstrong	4-8

14	Danielle Urey, 10, Anoka	4-8
15	Marvelous Onwualo, 10, Blaine	4-8
16	Sydney Reining, 9, Rogers	4-8
17	Jenna Kalevik, 12, Rogers	4-6
18	Sarahya College, 7, Robbinsdale Armstrong	4-6
19	Riley Ruhland, 10, Blaine	4-6
20	Linaya Swenson, 11, Centennial	4-6
21	Valencia Morris, 10, Osseo	4-6
21	Araya Benson-Mitchell, 9, Osseo	4-6
21	Laurel Rolfs, 12, Maple Grove	4-6
24	Karlee Fisher, 10, Robbinsdale Armstrong	4-6
25	Autymn Norman, 11, Maple Grove	4-6
26	Josie Ingvaldson, 12, Coon Rapids	4-4
26	Brianna Kiriago, 11, SpringLkPk/St Anthony	4-4
28	Rodiat Adeduntan, 11, Park Center	4-4
29	Alexandra Nyenati, 9, Andover	4-4
30	Audrey Kormann, 10, Maple Grove	4-4
31	Alexa Davis, 11, Osseo	4-4
32	Shalom Sulungaine, 10, Blaine	4-2
	Haniyah Dabney, 9, Park Center	NH
	Kyra Fjeld, 9, Centennial	NH
	Piper Engelby, 9, Andover	NH

### Pole Vault

1	Charis Lawson, 12, SpringLkPk/St Anthony	11-6
	Honor roll qualifier	
	Ties Meet record	
2	Sophia Condon, 10, Anoka	11-6
	Honor roll qualifier	
	Ties old Meet record	
3	Brianna Schoenrock, 12, Blaine	10-6
	Honor roll qualifier	
4	McKenna Myron, 11, Anoka	10-0
	Honor roll qualifier	
5	Kennedy Martinson, 10, Coon Rapids	10-0
	Honor roll qualifier	
6	Grace Kehr, 11, Coon Rapids	10-0
	Honor roll qualifier	
7	Riley Nordberg, 12, Rogers	9-6
	Honor roll qualifier	
8	Danielle Schoenrock, 12, Blaine	9-0
	Honor roll qualifier	
9	Kaitlyn Staut, 10, SpringLkPk/St Anthony	9-0
	Honor roll qualifier	
10	Julia Barton, 11, Maple Grove	9-0
	Honor roll qualifier	
11	Ava Gross, 9, Andover	9-0
	Honor roll qualifier	
12	Madison Erickson, 12, Elk River	8-6
13	Savannah Schwanke, 9, Elk River	8-0
14	Adyson Janacek, 10, Centennial	8-0
14	Macie Beall, 9, Anoka	8-0
16	Averi Wiege, 10, Blaine	7-0
16	Tiffanie Huynh, 9, SpringLkPk/St Anthony	7-0
16	Anna Peterson, 10, Centennial	7-0
16	Zoey Johnson, 11, Elk River	7-0
16	Rachel Kalevik, 10, Rogers	7-0
21	Kennedy Copiskey, 12, Centennial	7-0
22	Haleigh Anderson, 8, Rogers	7-0
23	Sasha Kowalski, 7, Maple Grove	7-0
24	Paige Colson, 11, Maple Grove	6-0
24	Michelle Lukitsch, 9, Coon Rapids	6-0
24	Ashlyn Murphv, 12, Champlin Park	6-0
24	Angela Lathanavly, 11, Park Center	6-0
24	Trinity Fahrenbruch, 10, Osseo	6-0
24	Olivia Baldwin, 12, Totino-Grace	6-0
30	Itunu Okusanya, 11, Park Center	6-0
30	Avery Cuper, 9, Robbinsdale Armstrong	6-0
30	Trynica Haines, 9, Robbinsdale Armstrong	6-0
30	Ashley Mauch, 11, Champlin Park	6-0
34	Luolan Feng, 10, Robbinsdale Armstrong	6-0
	Kohanna Yang, 11, Park Center	NH
	Lucy Bergeron, 12, Osseo	NH

**Girls 4x100 Runoff**

1 Blaine, Blaine

52.5

**TEAM SCORES AFTER 18 EVENTS**

Scored 10-8-6-5-4-3-2-1 Max 3 scorers per team  
100 Meter Dash, 200 Meter Dash, 400 Meter Dash,  
800 Meter Run, 1600 Meter Run, 3200 Meter Run,  
100 Meter Hurdles, 300 Meter Hurdles, 4x100 Meter Relay,  
800 Meter Relay, 4x400 Meter Relay, 4x800 Meter Relay,  
Long Jump, Triple Jump, Shot Put, Discus Throw, High Jump,  
Pole Vault

PLAC	TEAM	POINTS
1	SpringLkPk/St Anthony	137.5
2	Maple Grove	75.0
3	Anoka	70.0
4	Champlin Park	65.0
5	Park Center	55.0
6	Totino-Grace	44.0
7	Andover	42.0
8	Blaine	41.0
9	Elk River	39.5
10=	Coon Rapids	36.0
10=	Osseo	36.0
12	Centennial	22.0
13	Robbinsdale Armstrong	20.0
14	Rogers	19.0