

PEOPLE INCORPORATED

MENTAL HEALTH SERVICES

SCHOOL LINKED

MENTAL HEALTH SERVICES

Adeegyada Caafimaadka Maskaxda Dugsiga (School-Linked Mental Health Services)

Adeegyadeena Caafimaadka Maskaxda Dugsiga waxaa la bilaabay 1998 si ay caafimaadka maskaxda ee bulshada loo gaadhsiiyo ardayda iyo qoysaskooda.

Waa maxay Adeegyada Caafimaadka Maskaxda Dugsigu?

- › 25 dugsii oo ku yaal afar degmo: Robbinsdale, Osseo, Anoka-Hennepin, iyo Intermediate District 287
- › Waxaa weeye mid kamid ah kuwa tirada yar ee ku yaal suuqa hoose ee Twin Cities oo waxaa lagu qoray dhakhtar cilmi nafsi saacadaha la nasanayo dugsii kasta, iyada oo badankood laga dhigay inuu labada gelinba la joogo, taas oo noo suurto gelisay in aanu kordhiyo kiisaska oo aanu caawino shakhsiyaad badan

Adeegyada caafimaadka maskaxda waxa uu gaadhaan caruurta caadiga ah, ee deegaanka maalin kata. Nooca dabiiciga ah, goob bilaa takoor ah oo bixiya deegaan hore oo wax ku ool ah oo wax ka qabadka iyo kordhinta fursadaha wada shaqaynta daryeelka. Maadaama oo ay suurto gal tahay daawaynta cilmi nafsi ee meeshu, waxaa ay u suurto gal tahay qoysaska mashquulka ah, iyada oo la yaraynayo waxyaabaha kahor joogsanaya shakhsiyaadka inay daryeelka helaan

Adeegyadeena

- › Shaybaadhka iyo qiimaynta caafimaadka maskaxda
- › Daawaynta cilmi nafsi ee shakhsi, koox iyo qoys
- › Isku duba ridka daryeelka iyo gudbinaha
- › Wax ka qabadka mushkilada
- › La tashiga waalidka iyo macalimiinta
- › Ku daawaynta taleefanka iyo/ama adeegyada foolka-foolka ah mudada COVID-19
- › Ku tobobarida waalidka iyo shaqaalaha waxbarashada wixii ku saabsan caafimaadka maskaxda iyo khidada taageero

Adeegyada Caafimaadka Maskaxda Dugsiga (School-Linked Mental Health Services) • 5555 Boone Avenue North, New Hope, Minnesota 55428

PEOPLEINCORPORATED.ORG • 651.774.0011



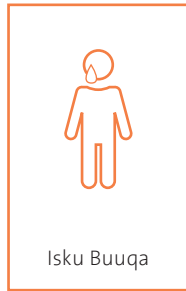
Waxyaabaha caamka ah ee lagaga jawaabo:



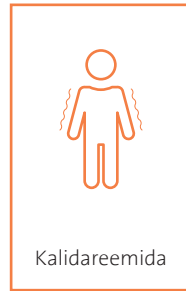
Dagaalka



Warwarka



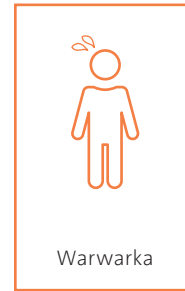
Isku Buuqa



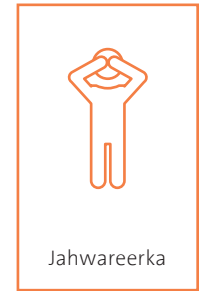
Kalidareemida



Dad Dhaxgalka
Liita



Warwarka



Jahwareerka

Xidhiidhka iyo taageerada joogtada ah ee ardayda iyo qoysaska

Marka laga tago bixinta daawaynta cilmi nafsiga goobta, dhakhtaradeena cilmi nafsiga waxay isticmaalaan waxyaabo kala duwan oo ay ku caawinayaan ardayda iyo qoysaska sidii ay u maarayn lahaayeen caafimaadkooda maskaxda.

- › **Wargeys:** Dhakhtarkeena cilmi nafsiga waxa uu sameeyay wargeys loogu talo geley bulshada dugsiga kaas oo bixiya tilmaamo caafimaadka maskaxda ah iyo macluumaad waxtar leh.
- › **Xafiis Maqal iyo Muuqaala:** Qaar badan oo kamid ah dhakhtaradeena cilmi nafsiga waxay isticmaalaan agab waxbarasho oo dhijitaal ah, sida Google Classroom iyo Google Sites, si ay u abuuraan makaan maqal iyo muuqala ah oo ardayda iyo qoysasku ay u ogaadaan adeegyada dugsiga ku xidhan iyo sida ay u bixin karaan taageero.

Gudbino



Bukaanka, koriyayaasha, maamulayaasha, macalimiinta, shaqaalaha bulshada dugsiga ama shaqaalaha dugsiga ee kale oo ka tirsan bulshooyinka Robbinsdale, Osseo, Anoka-Hennepin, iyo Intermediate District 287 ayaa samayn kara gudbinta. Adeegyada waxaa lagu bixisaa qaab sir ah iyada oo qoyska lala shaqaynayo. Waxa aanu qaadanaa badanaa caymisyada oo waxa aanu siino qiimo dhimis dhakhsiyaadka aan lahayn caymis.

Hadyado

Hadyadahaagu waxa ay bixiyaan khayraad dheeraad ah iyo agabyo lagu daryeelayo caruurta barnaamijka Adeegyada Caafimaadka Maskaxda Dugsiga. Waxa aad wax ugu deeqdaa onleyn ahaan ama la xidhiidh sarkaalka hadyada wixii macluumaad dheeraad ah.