



PEOPLE INCORPORATED

MENTAL HEALTH SERVICES

SCHOOL LINKED

MENTAL HEALTH SERVICES

School-Linked Mental Health Services

Our School-Linked Mental Health Services began in 1998 to bring community mental health directly to students and their families.

What is School-Linked Mental Health Services?

- › 25 schools in four districts: Robbinsdale, Osseo, Anoka-Hennepin, and Intermediate District 287
- › It's one of the few in the Twin Cities metro to embed therapists at least half time at each school, with the vast majority being full-time, enabling us to increase our caseloads and help more individuals.

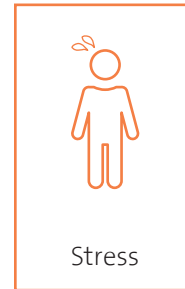
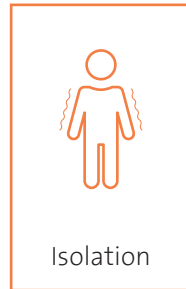
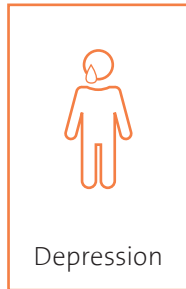
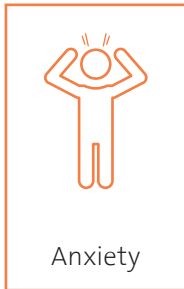
School-based mental health services reach children in normal, every-day environments. The natural, non-stigmatizing location offers an early and effective environment for intervention and increased opportunity for coordination of care. Because it allows for therapy onsite, it's also more accessible for busy families, reducing variables that may prevent individuals from receiving care.

Our Services

- › Mental health screenings and assessments
- › Individual, group and family therapy
- › Care coordination and referrals
- › Crisis intervention
- › Consultation with parents and educators
- › Telemedicine and/or in-person services during COVID-19
- › Training for parents and education staff regarding mental health and strategies for support



Common issues addressed:



Ongoing communication and support for students and families

Besides providing on-site therapy, our therapists use various tools to help students and families manage their mental health.

- › **Newsletters:** Our therapists create newsletters for the school community that provide mental health tips and helpful information.
- › **Virtual Office:** Many of our therapists also use digital learning tools, like Google Classroom and Google Sites, to create a virtual space for students and families to learn about school-linked services and how they can provide support.

Referrals



Parents, guardians, principals, teachers, school social workers or other school staff who are within the Robbinsdale, Osseo, Anoka-Hennepin, and Intermediate District 287 communities can make a referral. Services are provided in a confidential manner with engaged family involvement. We accept most insurance plans and offer a sliding fee for individuals who do not have insurance. Contact People Incorporated's Central Access number at 651.774.0011 to make a referral.

Gifts

Your gifts provide additional resources and tools to care for children in our School-Linked Mental Health Services program. You can make a donation online or contact a gift officer for more information.